

## Whitechapel wanderings

Follow in the footsteps of Graham Barker on his latest fascinating walk

**SEE PAGES 18 & 19**



## Homes fit for 21st century

Families celebrate as improvement works end

**SEE PAGE 25**



## Get help with your next step

Education and training advice for 16-year-olds

**SEE SUPPLEMENT INSIDE**

ISSUE 965 24 - 30 JUNE 2013

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# eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

## WILTON'S SAVED

### £1.85m grant will stop music hall 'falling down'

BY LARAIN CLAY

**THE future of Wilton's Music Hall has been secured with the award of a £1.85 million lottery grant.**

The cash will be used to do up the five Georgian houses that make up the front of the world's last surviving grand music hall, in Graces Alley, Wapping.

Welcoming the grant from the Heritage

Lottery Fund, Wilton's managing director Frances Mayhew said: "This means that we can finally take the permanent steps needed to stop this much-loved building from falling down."

The work will complete the full preservation of the grade II listed building, following the re-opening of the repaired Grand Hall in February.

Wilton's has been seeking to raise £2.6 million over the past year, and the lottery grant will make a significant contribution towards this target.

It means work can start on repairing the fabric of the building, which started life as a music hall venue for can-can dancers.

Later used as a Methodist mission that retained the name of the Mahogany Bar, serving tea and cocoa instead of ale and porter, it has also been a rag

warehouse and film location.

Wilton's was saved from destruction in the 1960s slum clearances by a campaign led by the former Poet Laureate, Sir John Betjeman.

By the time the work is completed – due in 2015 – an extra 40 per cent of the building will be opened up for use, part of which will be transformed into a new learning and participation studio.

It will also secure its future as an arts and heritage venue, enabling more artistic programming and the opportunity for a range of community and learning activities.

*Continued on page 5*



BOW residents, Mayor Lutfur Rahman and a host of guests welcomed the Duchess of Gloucester to a gala celebrating the 60th anniversary of the Queen's coronation. The Duchess unveiled a plaque to formally re-open the Francis Lee Community Centre, in Hawthorn Avenue, on her visit last Thursday, which coincided with her own birthday. See next week's East End Life for more photos. The Duchess is pictured with the mayor and Bow firefighters Jamie Taggart, Sid Lane and Steve Neil.

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## Down on the farm

Mudchute Park & Farm is set in 32 acres on the Isle of Dogs and is one of the largest inner city farms in Europe.

[WWW.MUDCHUTE.ORG](http://WWW.MUDCHUTE.ORG)



## Can they build it? Yes, they can!

The sound of hammering, sawing and laughter electrified Mudchute Farm as teams unearthed latent talents in aerodynamic design, precision engineering and automotive aesthetics.

[SEE BELOW](#)

## News

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*East End Life* is published by Tower Hamlets Council with a print run of 99,000 copies delivered to homes, organisations and businesses in the borough every week.



The official independently audited door-to-door delivery is 83,506 Audit Bureau of Circulation (ABC Regional) January-June 2012.

*East End Life* was the first weekly newspaper produced by a local authority in the UK with a net cost of 4.6p per copy per week to produce. Paid-for advertisements are carried to keep costs to a minimum.

Information included in the newspaper is not necessarily endorsed by Tower Hamlets Council.

*East End Life* is printed on recycled paper – when you have finished with the newspaper, please recycle it.



The Weavers team get to work on their cart



Weavers put their all into the race

# It's all go at Mudchute



The winning Anonymous LOL team from Mudchute Farm

BY JESSICA ODUBAYO

**THRILL** seekers from across London converged at Mudchute Farm on the Isle of Dogs for a racing event with a difference.

The All London Go-Kart Grand Prix 2013 saw 12 teams of children and young people from adventure playgrounds and community groups across the capital race against the clock to build a go-kart from scratch – and then race against each other.

The farm's geese and llamas looked on as the sound of hammering, sawing and laughter filled their usual tranquil environment.

One or two people admitted to having built a go-kart before the event on Sunday, June 15 and the results were impressive.

After four hours of busy construction, a dozen karts lined up to start the race.

The challenging racetrack included a downhill section, long grass and a home straight with karters reaching daring speeds.

The two finalists were Lewi-



sham's Ladywell Adventure Playground and the Anonymous LOL team from Mudchute Farm.

Mudchute went on to take the winner's trophy, and Hackney Marshes' Viper 9 all gold kart was awarded 'best design'.

Other Tower Hamlets teams which took part include Play Association Tower Hamlets, The Mighty Weavers Adventure Playground and Chistlebots community group.

Tyler, driver of the winning go-kart, said: "It was easy with Ben pushing." Fellow karter Cressida added: "But of course, we can't forget the mechanics behind the design."

## Inside this week's issue

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## Outstanding work in the community

Seventy two per cent of this year's recipients of the Queen's Birthday Honours are people who have undertaken outstanding work in their communities either in a voluntary or paid capacity.

[WWW.GOV.UK/HONOURS](http://WWW.GOV.UK/HONOURS)

## It's an Honour

The Birthday Honours lists recognise the achievements and service of extraordinary people across the UK.

SEE BELOW

## News

### Give your business a boost at free event

**ENTREPRENEURS and business owners in and around Tower Hamlets have the chance to attend a free event that could help boost their business.**

Kickstarting a range of council plans to support local enterprise, the event is designed to help local business owners network and tell council officers what they need.

Taking place on Monday, June 24 from 5.30-8pm at West India Quay's Marriott Hotel, the event is part of the council's enterprise strategy, a document which sets out its approach to encouraging growth and developing the borough's economy and its enterprises.

The evening will include a seminar and keynote speech, plus a range of business-related stalls and light refreshments.

Mayor Lutfur Rahman said: "Tower Hamlets has a thriving economy and is home to businesses ranging from small start-ups with modest turnovers to global financial institutions based at Canary Wharf."

Cllr Alibor Choudhury, cabinet member for resources, said: "This event aims to bring those businesses together so they can promote what they do, and officers can find out what the council could be doing to better support them."

Places are free for businesses in Tower Hamlets and the surrounding areas, but must be booked in advance by contacting [business.forum@towerhamlets.gov.uk](mailto:business.forum@towerhamlets.gov.uk)

For more information contact 7364 4458.

### Information sought on fatal car crash in Mile End

**POLICE are appealing for witnesses following a fatal collision in Mile End last Tuesday, June 18.**

Officers were called at around 10.40pm to a report of a car on its side in Baythorne Street.

Officers, London Ambulance Service and

London's Air Ambulance attended but the driver, believed to be a 24-year-old man, was pronounced dead at the scene.

Next of kin have been informed but his name had not been released as East End Life went to press.

The road death investigation unit is

investigating. At this stage they believe the car, a silver BMW, was doing a U-turn in a small residential street and then subsequently collided with parked vehicles, ending up on its side.

Witnesses or anyone with any information should call 8597 4874.

## Local heroes honoured

BY JESSICA ODUBAYO

**THE achievements and extraordinary service of people in Tower Hamlets has been recognised in this year's Queen's Birthday Honours list.**

Seventy two per cent of this year's awards were for people who are actively engaged in charitable or voluntary work within their community.

Local recipients include Dean Pursell, who received a British Empire Medal (BEM) for his armed forces charity work.

Mr Pursell, a retired warrant officer, left the Army in 1984 and went on to work for the Merchant Navy pension fund.

Following his final retirement from paid work, he joined Soldiers', Sailors' and Airmen's Families Association (SSAFA), the charity that provides lifelong support for forces and their families.

Since 2002, he has been the lead case worker in the East London division and has helped more than a thousand



(Left) Charity fundraiser Maire Tejani. (Right) Dean Pursell has helped hundreds of veterans



veterans and their families.

"Dean's rapport with the elderly veteran community is widely admired and locally he is known as somewhat of a hero – although his modest response in every case would be to say that he was 'just doing his job,'

a spokeswoman for SSAFA said.

Mr Pursell told East End Life that he felt extremely emotional about the honour.

Idwal Bellis, a yeoman warden, or Beefeater, at the Tower of London, was awarded the Royal Victorian Medal. He has worked as a Beefeater for 22 years, and served in the Welsh Guards for 24 years before that.

He said: "I'm absolutely stunned and thrilled to receive the RVM, it is such a great honour to be awarded this by HM The Queen. After more than 22 years of service as a yeoman warden at the Tower of London I still enjoy living and working here. It's been a wonderful experience and I can't imagine being anywhere else."

Maire Tejani, from Bethnal Green, was made a Member of the British Empire (MBE) for her services to education and charity through her work with Yaarah

Schools. The charity, which supports children in villages in Ghana, was started three-and-a-half years ago and has gone from strength to strength.

With the support of friends and family, and through fundraising events in the UK, Maire has been able to help children access basic education.

Evelyn Welch, a former professor of renaissance studies at Queen Mary, University of London, was made a Member of the Order of the British Empire (OBE) for services to higher education and the creative economy.



Idwal Bellis, a Beefeater at the Tower of London for 22 years

### News in brief

#### Benefits advice for Somali community

THE Somali Development Association and Ocean Somali Community Association will be hosting a welfare advice event with the council on Wednesday, July 3.

Somali-speaking staff will be available to provide housing, financial and employment advice to residents, as well as explaining changes to the benefits system, at the London Muslim Centre in Whitechapel Road, E1 from 11am-4pm.

Cabinet member for housing, Cllr Rabina Khan, said: "The government's welfare reforms will particularly impact on women and children. It is important for everyone in receipt of housing benefit and disability living allowance to seek advice."

To speak to a benefits adviser call 7364 5001.

### Volunteers event

VOLUNTEERS who helped out during last summer's Olympic Games are being given a chance to attend another big volunteering event.

Go Local, taking place on Friday, July 19, will be one of the first events held at Queen Elizabeth Olympic Park. As well as inspirational ideas and advice for volunteers, there will be live music, entertainment and special guests.

Tickets are on sale at [www.ticketmaster.co.uk/go-local](http://www.ticketmaster.co.uk/go-local)

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We are holding an information event to inform prospective early years providers about the advantages of operating in Tower Hamlets, tendering opportunities, our strategy for creating more care and educational places for two year olds and the support that is available for prospective providers in the borough.

The event will be held on  
**Thursday 18 July 2013**

Please email or call us to confirm your attendance and we will send you further details.

Email: [eytraining@towerhamlets.gov.uk](mailto:eytraining@towerhamlets.gov.uk)  
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## What is a dispersal zone?

Dispersal zones allow police officers to exclude groups of two or more people who do not live in the area, but who are acting in an anti-social manner, from the locality for up to 24 hours.

[SEE BELOW](#)

## Championing health

Healthwatch Tower Hamlets, launching next week, is part of the Healthwatch England network.

[WWW.HEALTHWATCH.CO.UK](http://WWW.HEALTHWATCH.CO.UK)

## News



### ■ Continued from page 1

Sue Bowers, head of Heritage Lottery Fund London, said: "We are delighted to be able to help save the oldest music hall in the world. This truly unique project will enable the rebirth of one of London's most remarkable theatrical buildings."

"Once completed, the restoration will enable a wide range of people to enjoy its authentic atmosphere and learn more about its amazing history."

For further information go to [www.wiltons.org.uk](http://www.wiltons.org.uk)



(Top) Wilton's patron and actor David Suchet launching an appeal in 2011. (Above) The facade of Georgian houses

## Clampdown on anti-social behaviour

### THE council and police are stepping up the fight against drug dealers, gangs and anti-social behaviour, with the introduction of a new dispersal zone.

After the successful rollout of a similar zone in Bethnal Green earlier this year, the council has approved a police application for a temporary dispersal zone encompassing a larger area in Bethnal Green South from June 24 to November 10.

It follows complaints of drug

dealing, residents feeling intimidated and anti-social behaviour in the area. The issuing of anti-social behaviour injunction orders and extended patrols have not resolved the problems.

Business owners have also complained that groups loiter outside their premises and harass their customers.

Deputy Mayor Cllr Ohid Ahmed said: "Anti-social behaviour is not acceptable and will not be tolerated. I am

confident the dispersal zone will improve the quality of life for residents and businesses based here."

The zone will cover the area bounded by the railway line between Cambridge Heath Road and Globe Road to the north; Cambridge Heath Road, Darling Row, Collingwood Street, Headlam Street and Buckhurst Street to the west; Mile End Road, Assembly Passage and Adelina Grove to the south; and Globe Road to the east.

court on May 23 for breaches of food hygiene regulations.

Both pleaded guilty to six offences, including a mouse infestation, no staff training, and contamination of food equipment and wrapping material.

Call 7364 5008 or email [food.safety@towerhamlets.gov.uk](mailto:food.safety@towerhamlets.gov.uk) if you have concerns about food premises.

## 'Inadequate pest control' at Azka and Lahore

### A BETHNAL Green restaurant and its takeaway neighbour have been fined for breaches of food hygiene regulations.

Environmental health officers visited Azka Restaurant and Lahore Express Takeaway in Bethnal Green Road in April 2012 and noted contraventions of food hygiene regulations.

Manik Miah, director of Azka, was fined £4,535 at Thames Magistrates' Court on May 20 after pleading guilty to six food hygiene offences including inadequate pest control procedures and inadequate staff training.

New Lahore Express Ltd and Ghayasudin Shabzada, manager of New Lahore Express takeaway, were fined £3,002 by the

## Be part of healthy future for borough

BY MEHREEN HUSSAIN

### A NEW independent organisation that will champion health and social care in the borough will be launched next week.

And residents are invited to go along to find out more about Healthwatch Tower Hamlets, how they can get involved and give their views about local services.

The new group is resident-led and one of 152 local Healthwatch bodies in England.

Amjad Rahi, chair of Healthwatch Tower Hamlets, said:

"This is a great opportunity for local people to have their say. We look forward to hearing their views and experiences, to feed back to the relevant services."

The launch event takes place on Tuesday, July 2 at the Brady Centre, 192-196 Hanbury Street, Whitechapel from 1-3.30pm and will include free health checks, face painting, a children's play area and a crèche.

Mayor Lutfur Rahman said: "Healthwatch is an important organisation which will ensure health services are held accountable. I urge residents to come along and get involved."

Cllr Abdul Asad, cabinet member for health and wellbeing, added: "We will be working with Healthwatch to improve health and social care services for our residents."

Healthwatch Tower Hamlets will be working with local GPs through the borough's Clinical Commissioning Group, and with the Health and Wellbeing Board and the council.

As well as attending the event, there are a number of other ways for residents to get involved. Visit [www.healthwatchtowerhamlets.co.uk](http://www.healthwatchtowerhamlets.co.uk) or call 0800 145 5343 (freephone).



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Light refreshments will follow a seminar and keynote speech. For more information call 020 7364 4458.



LUTFUR RAHMAN | MAYOR OF TOWER HAMLETS

## Voice your concerns

To book an appointment at the mayor's fortnightly surgeries at Idea Stores in Whitechapel and Chrisp Street call...

7364 5014



## How to contact Mayor Rahman

The mayor's web pages can be viewed at [www.towerhamlets.gov.uk/mayor](http://www.towerhamlets.gov.uk/mayor) or email him at [mayor@towerhamlets.gov.uk](mailto:mayor@towerhamlets.gov.uk) or call 7364 4993.

[www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk)

## News from the Mayor

# Festival giveaway is just the ticket

HUNDREDS of residents took advantage of our free ticket giveaway last week for the Open East festival and Hard Rock Calling concert at Queen Elizabeth Olympic Park.

Council staff were inundated with calls and emails from people eager to get their hands on the tickets we've been able to give away, thanks to a partnership with Live Nation and the London Legacy Development Corporation.

This partnership dates back to the Olympic and Paralympic Games – a time of great pride for Tower Hamlets and the other host boroughs.

Over the coming weeks, more tickets for events like the Wireless Festival and Electric Daisy Carnival will be available, so please try again if you weren't successful this time.

Last week I had the pleasure of meeting the Duchess of Gloucester at a Coronation Gala, organised by residents to celebrate the 60th anniversary of the coronation of the Queen.

Joined by Army cadets and colleagues from the police and fire brigade, I also had the privilege of meeting the Deputy Secretary-General of the Commonwealth, Mmasekgoa Masire-Mwamba, who attended the celebration on her first ever visit to our borough.

It was a great event which, in true Tower Hamlets style, brought different people together to mark an important event in our history.

Regular readers of East End



LUTFUR RAHMAN | MAYOR OF TOWER HAMLETS

Life will know that last week, the consultation on the future of London's fire services closed.

A number of times, I have publicly expressed my concerns about the proposed cuts – which could include the loss of 80 jobs and closure of Bow fire station.

I have also written to the mayor of London, Boris Johnson, to outline how the plans will endanger lives in this borough.

As we wait to hear the outcome of the consultation, I hope that residents have made their voices known on the issue.

We cannot afford to lose vital emergency services locally.

Next week, we'll be launching a grant to help students go to university.

The Mayor's Higher Education Award will give 400 students £1,500 towards university fees.

There's absolutely no reason

why our young people should not have the chance to go to university and, following the interest we had in the Mayor's Education Awards, this scheme looks set to be popular.

Check the council website for more information.

**Mayor Lutfur Rahman**

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Tahir Ahmed

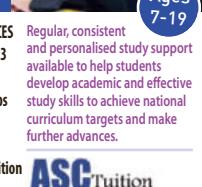
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LUTFUR RAHMAN | MAYOR OF TOWER HAMLETS

## My diary

### Friday, June 14

I spoke at a rally with the Fire Brigade Union against cuts to fire stations in Tower Hamlets. We need to stand in solidarity with the union, as these cuts will put residents' lives at risk. I hope all residents will join me in making sure that no fire stations are closed in our borough. I also launched the Bangladeshi Stop

Tobacco Project. Ramadan is a time to overcome unhealthy habits, and should be seen as an ideal time to quit tobacco. By working closely with Tower Hamlets Public Health and community organisations, we are able to continue building on past achievements to reduce tobacco prevalence, while protecting the community from its harmful effects.

### Sunday, June 15

I attended the Newark Youth London's 29th award ceremony at the Harford Street Multi Centre. We celebrated the achievements of young people in sports

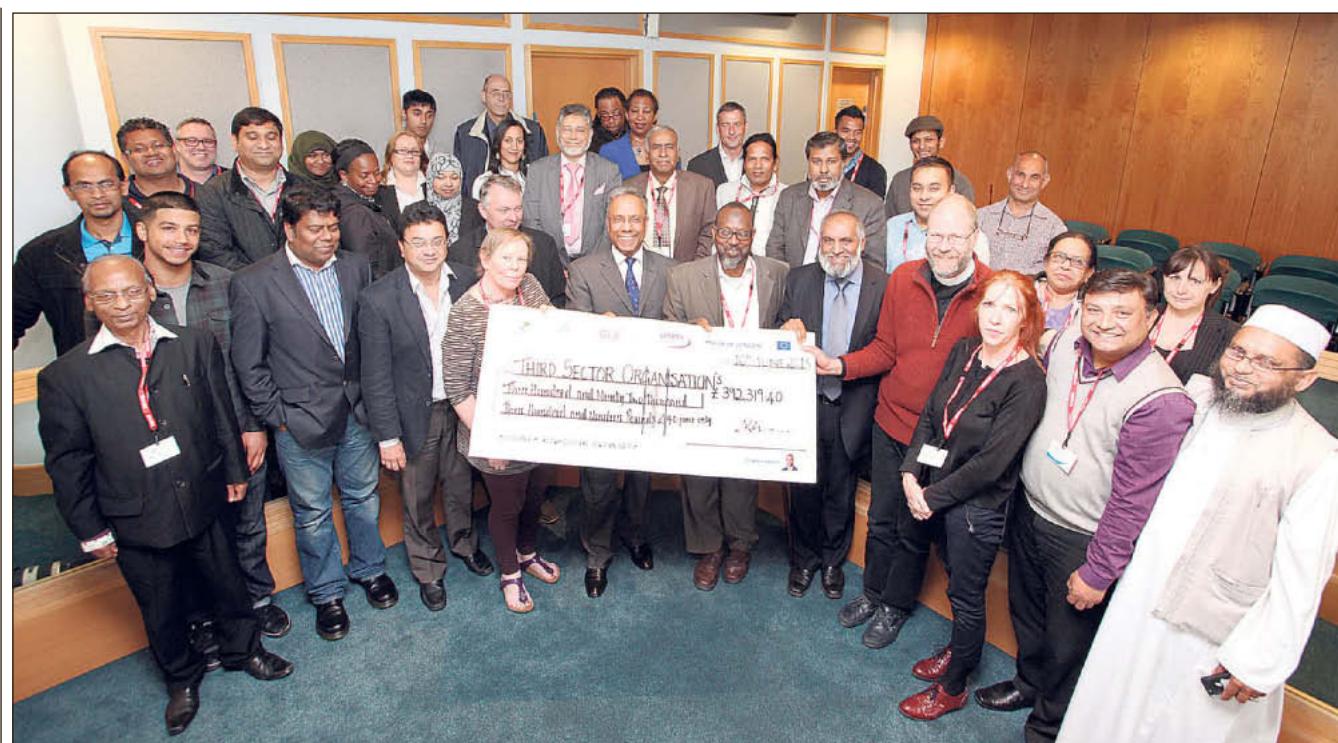
and it was great to see so many of them taking an active interest and striving to be the best in their individual field.

### Friday, June 19

I was joined by Len McCluskey, the general secretary of Unite Union, and community leaders for a walkabout and press conference in Whitechapel.

### Wednesday, June 26

We have our full council meeting which will include my report, as well as the usual questions from the public and councillors.



Mayor Lutfur Rahman with members of community and voluntary organisations

# Grants boost chances of finding long-term work

BY EMILY BLACKSHAW

**NEARLY £400,000 has been awarded to voluntary organisations and community groups which help local people trying to find long-term employment.**

Forty-seven local organisations will use the funding – awarded through the Mayor's ESF Community Grants programme – to provide a range of activities including work ex-

perience placements, CV advice and accredited training to job hunters.

The funding is part of the 2007-13 London European Social Fund, which is run by London Councils, a think tank and lobbying organisation that represents the capital's 33 boroughs.

Thanks to a joint agreement between Tower Hamlets Council and London Councils, the borough has access to an additional £1.29 million in funding from the European Social Fund, which has

also been match-funded, pound for pound, by the council.

Presenting the awards, Mayor Rahman said: "Tower Hamlets has a thriving voluntary and community sector and I'm keen to make sure the council supports the work of these valuable organisations.

"Helping residents find sustainable employment is a key priority for the council, so it's important we work with other organisations which are experts in this field, to ensure residents can

benefit from the range of support available in the borough."

The grants are part of the second round of the Mayor's ESF Grants Programme, which was launched in January.

Funding decisions were approved by a steering group comprising London Councils, the Greater London Authority and Tower Hamlets Council.

Round 2 of the programme is being assessed and announcements are expected in July. Round 3 will open in 2014.

LUTFUR RAHMAN | MAYOR OF TOWER HAMLETS

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## Raising awareness

Tower Hamlets' annual Drug Awareness Week runs from July 1-6, with activities available for both residents and practitioners to raise awareness about drugs and free treatment services.

7364 4594



## River rescue

Aaron Reid is pictured freeing a swan stuck behind a ladder.

**SEE BELOW**

## News

# Free tickets to see Mumford & Sons

### FREE tickets have been made available to residents to see the band Mumford & Sons at Queen Elizabeth Olympic Park.

Residents can apply for two tickets per household, after Mayor Lutfur Rahman, events organisers Live Nation and London Legacy Development Corporation made available tickets for the July 6 gig.

Residents can also apply for tickets for the Open East Festival, which runs on July 27 & 28.

The family festival has international acts, pop-up events and a secret finale that marks the one-year anniversary of the London 2012 Olympic opening ceremony. Residents can apply

for four tickets per household.

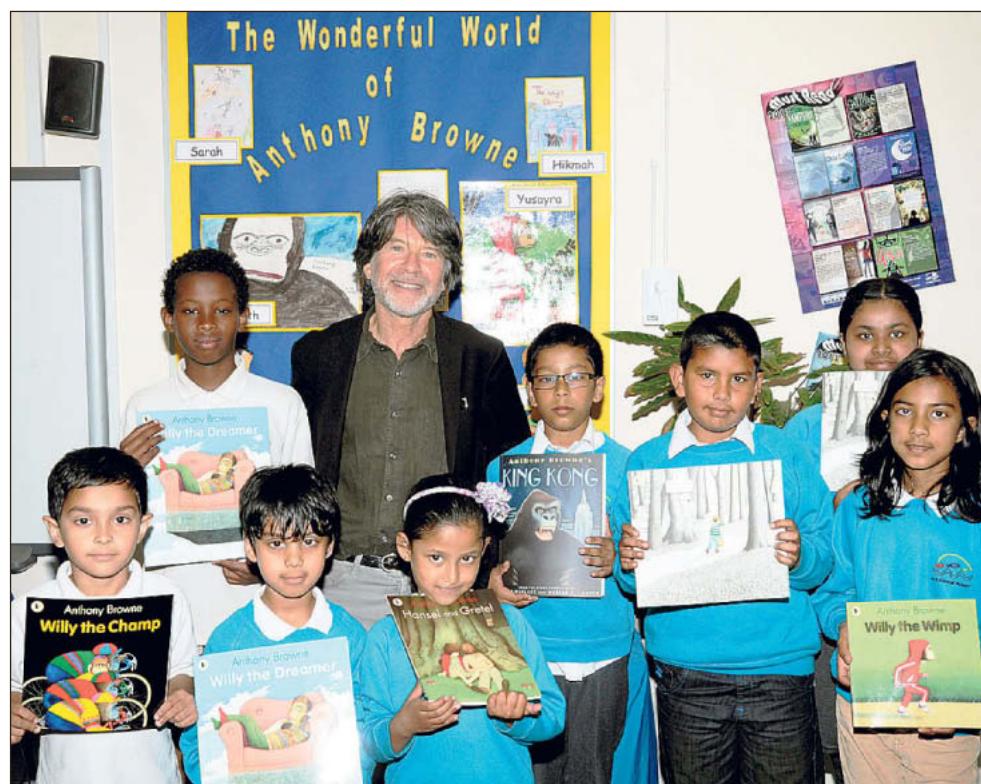
Cllr Rania Khan, cabinet member for culture, said: "Mumford and Sons are one of the biggest selling artists in the UK, and Open East offers families the chance to see Queen Elizabeth Park before it formally opens to the public."

To apply for tickets, sign up to [my.towerhamlets.gov.uk](http://my.towerhamlets.gov.uk)

Tickets are subject to availability and will be issued on a first come, first served basis.

The Open East Festival is funded by the Arts Council which sets criteria stating eligible residents must be in receipt of housing benefit.

Call 7364 5020 for assistance with the festival tickets, only.



FORMER children's laureate and award-winning author Anthony Browne opened the new library at Ben Jonson Primary School in Stepney. The author of books including Gorilla and Zoo, cut the ribbon, talked about writing and signed copies his books.

# Combatting the dangers of drugs

BY SARAH MC LAUGHLIN

### EDUCATION workshops and open days are being held next week as part of Tower Hamlets' seventh annual Drug Awareness Week.

Running from July 1-6, activities for both residents and practitioners aim to raise awareness of the dangers of drugs and highlight the range of free treatment services that are available in the borough.

Events include:

■ Tues, July 2, 11am-2pm – **Somali Substance Misuse Project in partnership with Nafas** is holding a drugs, alcohol and khat misuse awareness workshop.

It will focus on the effects and impact of substance misuse and provide information on available help and support.

It takes place at Davenant Centre, 179-181 Whitechapel Road, E1. Further details from

7510 1081 or Nafas 7377 0676.

■ Weds, July 3, 1.30-4pm – **Island Day Programme treatment awareness day for professionals and service users.**

The session will include a presentation on drug awareness and treatment from addiction counsellors, followed by graduates of the programme sharing their experience of recovery.

It takes place at 47 Skylines Village, Limeharbour, E14. Call 7538 0184 for further information.

■ Fri, July 5, 12-5pm – **Tower Hamlets Specialist Addiction Unit** open day at Mile End Hospital will offer service users, carers, residents and professional workshops in shiatsu, hand massage and laughing yoga.

"I hope that both residents and practitioners attend the events to learn more about the range of services on offer."

Tower Hamlets Drug Awareness Week is organised by the council's Drug and Alcohol Action Team.

For details of events or available help, call 7364 4594 or visit [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk)

Mayor Lutfur Rahman said: "The various activities next week will be used to show people the level of help and support out there for anybody who wants to work towards recovery, in order to lead a healthy life.

"It's not an easy journey, but free treatment is available to help make it achievable."

Deputy Mayor Cllr Ohid Ahmed said: "Drug prevention services in the borough work to provide a responsive and effective service that helps individuals successfully integrate with the wider community."

Events for both residents and practitioners aim to raise awareness of the dangers of drugs and highlight the range of free treatment services that are available in the borough.

There will be an art show using puppets, information about peer support, blood-borne viruses and the work of the unit, plus a barbecue and mocktail stall.

Attendance is by registration only. Call 8121 5301.

### News in brief

#### Stuck swan saved

CHARITY worker Aaron Reid rescued a young, female swan, pinned behind a ladder on the River Thames, in Wapping.

Aaron, who was on his way to work in the Canary Wharf area on June 16, climbed on to the ladder and freed the bird.

After being alerted by passers-by, a local canoe club also came to help. Members ferried the swan by canoe to the middle of the river where they freed her.

#### Be a champion

RESIDENTS still have the chance to become a Mayor's Community Champion co-ordinator.

The council is seeking enthusiastic people with the drive to improve their community.

Visit [www.towerhamlets.gov.uk/volunteer](http://www.towerhamlets.gov.uk/volunteer) – applications close on Sunday, June 30.

**Healthwatch Tower Hamlets**  
Launch Event

**Come and tell us:**

- your experience of health and social care services
- what you think needs improving
- what you think Healthwatch should be doing
- what you can do to help

**Free health checks**  
**Face painting**  
**Children's play area & crèche**  
**Food & refreshments**

**Event Details:**  
**Date:** Tuesday 2nd July 2013  
**Time:** 1- 3.30pm  
**Venue:** Brady Centre  
192-196 Hanbury St. London E1 5HU

We need people to support us, join us, work with us, and take part to make things better

For more information on the Healthwatch Tower Hamlets launch event please call on 020 8223 8922 / 0800 145 5343 (free phone) or email on: [info@healthwatchtowerhamlets.co.uk](mailto:info@healthwatchtowerhamlets.co.uk) | [www.healthwatchtowerhamlets.co.uk](http://www.healthwatchtowerhamlets.co.uk)



## For your information

Parking to pest control,  
housing to hate crime

TURN TO PAGES 14 & 15



## What would you like us to change?

FITH is working on a wide range of ideas to make everything to do with money easier and better. Are you facing a problem which you think FITH should tackle? If so, contact...

[SIAN.WILLIAMS@TOYNBEEHALL.ORG.UK](mailto:SIAN.WILLIAMS@TOYNBEEHALL.ORG.UK) OR CALL ON 7392 2941

## Useful information

# Be in control of your finances

### News from the Financially Inclusive Tower Hamlets Partnership

**AS the impact of the government's welfare reform bill starts to be felt by families in Tower Hamlets, money and budgeting support has never been more important and is now making a real difference to those affected by the changes.**

At the beginning of April this year we saw the introduction of what has commonly become known as the empty bedroom tax. Some families, who have a spare bedroom and whose rent is paid by housing benefit, have lost between 14 and 25 per cent of their housing benefit.

The Financially Inclusive Tower Hamlets project (FITH) continues to provide one-to-one money support across the borough helping people to budget, access the right financial products and get the most from each pound in their pocket.

The feedback from this service is overwhelmingly positive, with people saying that they have saved money and now feel in control of their household finances.

The FITH project also continues to train people as community money mentors so that they can offer support around money to people in their communities.

This involves 60 hours of training and at the end successful students gain a nationally recognised qualification as well as the chance to volunteer to help their communities.

Two community money mentor groups have also started a one pound a day saving scheme and have worked out that in a year they will have £365 saved just by cutting out a packet of crisps, a fizzy drink, a coffee or a chocolate bar a day.

To find out more about one to

one money support or the Community Money Mentors training, email Gary at [Money@toynbeehall.org.uk](mailto:Money@toynbeehall.org.uk) or call 7392 2989.

From August this year another change to benefits is coming to Tower Hamlets called the total benefit cap and this will mean that some families experience a cut in benefits and the money they have to live on.

You can find out more about the total benefits cap at the council website, and the council are running events to provide people with more information about the change and to showcase the support on offer to people who will be affected.

The first event is on July 3 at the London Muslim Centre from 11am, with another event taking place on July 13 at Idea Store Whitechapel from 11am.

We believe that money support can help many families who will be affected by this cut in benefits so please don't hesitate to get in contact.

Whatever your money worries or questions, we can help so get in touch – we are waiting to hear from you!

Toynbee Hall is pleased to announce a new service, funded by the Money Advice Trust, offering advice and support to private tenants who may be affected by the benefit cap and other welfare reform changes.

Due to the expense of renting privately in London, private tenants claiming housing benefit are most likely to be disadvantaged by the benefit cap. Latest figures suggest that approximately 800 private-renting households in Tower Hamlets will have their income reduced after the introduction of the benefit cap August and September this year.

If you rent your home from a private landlord the service will be able to advise and support you.

For information contact the Tenancy Talks service on 7247 6943 or email [advice@toynbee-hall.org.uk](mailto:advice@toynbee-hall.org.uk)

### Chemist rota

#### Pharmacists in Tower Hamlets with extended opening hours.

E1

**ABC Drug Stores**, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.  
**Beck & Sherman**, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.  
**Sainsbury's**, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

### Advice

#### East London Parkinson's Support Group

For people with Parkinson's disease and their carers. Meets third Tuesday each month, 11am at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

#### Family Information Service (FIS)

Information for people from birth to age 19 (or 25 for those with additional needs) including helping to find high quality childcare, advice on tax credits and childcare vouchers.

Open Mon-Fri, 8am-6pm Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14. [fis@towerhamlets.gov.uk](mailto:fis@towerhamlets.gov.uk)

#### Alzheimer's Society Tower Hamlets

Advice and help for carers and people with dementia.

Mon-Fri, 9am-5pm. 54-86 Old Montague Street, E1. 7392 9631

#### Tower Hamlets Advocacy Project

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

#### Parents Advice Centre (PAC)

Offers impartial advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-1pm. 7364 6489

**Chapel**, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

E2

**Fairdale**, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

**Florida**, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

**Bell**, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.  
**Forward**, 648 Mile End Road:

#### LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services. Mon-Fri from 9am-5pm, drop-in in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1. 7392 2914 [www.toynbeehall.org.uk](http://www.toynbeehall.org.uk)

#### Free Advice

Benefits, housing, immigration. Bengali speakers, home visits to house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High

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Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

E4

**Green Light**, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.

**Lincoln**, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

**Tesco**, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

**Boots**, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.

**Britannia (Perimart)**, Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

### Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3.

**Tower Hamlets Home Birth Support Group** Last Thurs of each month, 8pm. 31 Ridgdale Street, E3. 8981 1159

**Tower Hamlets National Childbirth Trust** Offers support, information and friendship to parents and parents-to-be. Holds regular events around the borough. 07976 710964 [towerhamletsnct@yahoo.com](mailto:towerhamletsnct@yahoo.com) [www.nct.org.uk](http://www.nct.org.uk)

**Families with Autism** Spark Centre, Smart Street, E2. 8981 4924 [fwautism@btinternet.com](mailto:fwautism@btinternet.com)

**Free home fire safety advice** From the London Fire Brigade 08000 28 44 28

### Careers advice

#### Bow Job Club

Weds, 1.30-3.30pm, free. Idea Store Bow, 1 Gladstone Place, Roman Road, E3. 7364 4332

**Tower Hamlets Careers Service** Careers advice for ages 13-19, up to 25 for those with special educational needs. Mon-Fri, 1-5pm. Morning appointments available.

Careers Centre, 35 Bow Road, E3. 7364 1401

#### TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

#### Careers advice

Support from Civic Enterprise Clubs Co-Operative. Tues & Thurs, 1-4pm & 6-9pm Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343

## Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email [eastendlife.news@towerhamlets.gov.uk](mailto:eastendlife.news@towerhamlets.gov.uk) and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name .....

Address .....

Issue no. Page no.





## CEOs take to the streets

"A minority of people believe they can act beyond the law while the rest of the community complies with parking regulations. CEOs and the police will continue to support the community."

**CLLR SHAHED ALI, CABINET MEMBER FOR ENVIRONMENT**

### News

# Tackling problem parking areas

BY SARAH MCLAUGHLIN

**PARKING civil enforcement officers (CEOs) have begun patrols with police officers in an effort to reduce intimidation and address persistent parking problem areas.**

Businesses and residents have raised concerns in a number of locations across the borough about the abuse of parking regulations.

This is causing problems for people trying to carry out their daily routines, such as going shopping, parking outside their homes, and visiting friends and relatives.

The first joint operation

between parking CEOs and police took place in Vyner Street, Bethnal Green, where parking regulations have been persistently abused.

During the joint patrol, four vehicles were moved on for parking illegally.

Another three vehicles displaying suspect scratchcards will be investigated by the council's fraud team.

The maintenance team has been asked to improve road markings in the area.

Vehicles were leafleted before the operation advising that instant penalty charge notices for parking offences will now be issued in Vyner Street.

Deputy Mayor Cllr Ohid

Ahmed said: "Businesses and residents expect the roads in Tower Hamlets to run freely, without congestion caused by careless and illegal parking. Parking civil enforcement officers provide a vital service keeping traffic flowing and reducing congestion."

Cllr Shahed Ali, cabinet member for environment, said: "CEOs often face abuse and intimidation while going about their day-to-day work. We will not tolerate these actions against our staff and are prepared to investigate and, if necessary, prosecute offenders."

For more information on parking call 7364 5003 or visit [www.towerhamlets.gov.uk/parking](http://www.towerhamlets.gov.uk/parking)



PC Dave Henderson with a parking civil enforcement officer

## Don't want it? Swap it!

**RESIDENTS can have a spring clear out and go in search of items they need at a swap event, on Saturday, June 29.**

Taking place at Mile End Park Ecology Pavilion, off Grove Road, the event invites people to take along reusable, clean items they no longer want and take away things they like, for free.

Books, DVDs, CDs, clothes,

paired shoes, toys and bric-a-brac can be taken along any time between 11am and 4pm on the day. They must be clean, in good condition and something that you are proud to hand on.

Large items can also be swapped, such as furniture or even a shed – just take a photo or description of the item with contact details to place on the noticeboard.

Items such as household batteries, printer cartridges, low energy light bulbs and small electrical appliances – for example, hairdryers, toasters, kettles and mobile phones – can be taken along for recycling, but cannot be swapped.

Call 7364 5004, email [recycling@towerhamlets.gov.uk](mailto:recycling@towerhamlets.gov.uk) or visit [www.towerhamlets.gov.uk/recycling](http://www.towerhamlets.gov.uk/recycling)

## Conference on green borough

RESIDENTS with an interest in environmental issues are invited to attend a free conference.

On Thursday, June 27, from 10am-2.30pm, the Ecology Pavilion in Mile End Park will be hosting the borough's first sustainability conference, where subjects including energy efficiency and green transport will be discussed.

Places are free but need to be booked – email [bryony.boyle@instituteforsustainability.org.uk](mailto:bryony.boyle@instituteforsustainability.org.uk) or call 0800 50 88 364 (freephone).

### MOUNTAIN PARTNERSHIP SOLICITORS

We provide legal advice in the following areas:-

1. Immigration
2. Asylum
3. Housing
4. Crime

Please contact:  
**Saphia Warsame 079 4660 9628**

[www.mountainpartnership.co.uk](http://www.mountainpartnership.co.uk)

Tel: 020 7732 3737 • Fax: 020 7732 6999

Mountain Partnership, 143 New Cross Road, London SE14 5DJ

## Help plan green future

Residents interested in the environment are invited to the borough's first sustainability conference this week.

**DETAILS BELOW**

## Help getting Back on Track

A FIREFIGHTER from Whitechapel fire station is spearheading a week of voluntary activities to support the physical and mental wellbeing of long-term unemployed residents.

Starting this Monday, June 24, the Back on Track project includes life coaching, nutrition advice, sport, meditation and job search advice for residents aged between 20 and 30.

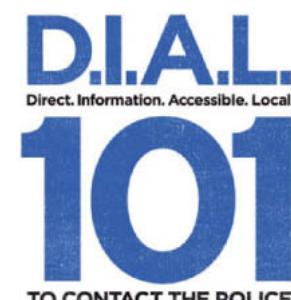
Simon Piccirillo, who created the project, enlisted the support of gyms, studios and life coaches who are providing their services free of charge. The council and the London Fire Brigade are also supporting the initiative.

"I have seen first hand the negative effects of unemployment and mental health and at this time more than ever, we feel this project is needed," Simon said.



### TOTAL POLICING

**In a non-emergency, including anti-social behaviour (ASB), call 101**



TO CONTACT THE POLICE

**Call 101 to report anti-social behaviour (such as those outlined below) or a crime that has already happened or to seek crime prevention advice.**

- Nuisance, rowdy or inconsiderate neighbours
- Vandalism, graffiti and fly-posting
- The buying or selling of drugs in public
- Street drinking
- Environmental damage including littering, dumping of rubbish and abandonment of cars
- Prostitution related activity
- Begging and vagrancy
- Fireworks misuse
- Inconsiderate or inappropriate use of vehicles

Always call 999 when a crime is happening, someone suspected of a crime is nearby, someone is injured, being threatened or in danger.

Calls to 101 from landlines and mobiles cost 15 pence per call, no matter what time of day you call or how long your call lasts.

To contact your local SNT please visit  
**[www.met.police.uk/TowerHamlets](http://www.met.police.uk/TowerHamlets)**

To receive our newsletters sign up for our group email service at  
**[www.neighbourhoodlink.met.police.uk](http://www.neighbourhoodlink.met.police.uk)**

Follow us on Twitter @MPSTowerHam

## Action against hunger

"My future generation will always be part of the IF campaign for action against hunger."

SHEIKH HAMMAD HAMIDI, 11



## Encouraging kids to get on their bikes

National Bike to School Week is organised every year by sustainable transport charity Sustrans with the long-term aim of encouraging children to cycle to school every week.

CALL 7364 6918

## Schools news

### News in brief

#### Kate's Place2Be

THE Duchess of Cambridge has become the royal patron of an organisation that provides support to schools in the East End.

Place2Be provides emotional and mental health support services to the pupils, parents and teachers at Cyril Jackson Primary School in Limehouse.

It has been working with ten schools across Tower Hamlets, Hackney and Newham since January 2011.

The service offers swift access to counselling and other support for individuals and groups of pupils. It also offers training and advice for teachers and school-based staff.

For more information visit [www.place2be.org.uk](http://www.place2be.org.uk)

#### Feed the world plea

PUPILS from London Islamic School in Whitechapel joined comedian David Walliams at a special meeting with David Cameron at 10 Downing Street calling for action against global hunger.

The Prime Minister was presented with specially crafted plates from children, representing more than 30,000 pupils across the UK to show their support for the Enough Food for Everyone IF campaign.

Visit [enoughfoodif.org](http://enoughfoodif.org) for more details.

# Pupils bling it to win it

BY MEHREEN HUSSAIN

**St Elizabeth Catholic Primary School in Bethnal Green celebrated National Bike to School Week with a range of cycling-related activities.**

The children started the week with a 'bling your bike' competition where they were asked to decorate their cycles on the theme of summer.

Youngsters who cycled to school during the week – which ran from June 10-14 – were also entered into a daily prize draw for a cycling goody bag.

A bikers' breakfast for adults and children who went to school by bike was held and towards the end of the week a 'super sleuth' selected bikes at random to receive prizes.



Ellie, Skyla, Jemima and Jessica with their 'blinged' bikes

St Elizabeth's is a Bike It school and prides itself on having a high number of children and adults who cycle.

Pupils are appointed as bike

marshals to promote cycling and manage the school's bike shed. Cycle safety training is provided to children in years 5 and 6 and is also available for adults.

Both children and adults have also had access to cycle maintenance training with plans to provide more of this in the near future.



**A MUMS' group whose children attend Stebon Primary School in Poplar presented the school with a wall hanging they created. The women have set up a small business called Mohila Creations which they hope will inspire others to set up similar ventures. Another group of parents has recently started a new knitting group. Head teacher Jeremy Iver and assistant head teacher Gwen Boxall accepted the artwork and thanked the parents for the gift.**



PUPILS from Columbia Primary School attended the premiere of their new animated film about old-fashioned music halls at one of the oldest in the world - Wilton's Music Hall in Wapping.

The children have been working on the film as part of an animation project with Skidaddle Animation.

After finding out about music halls, the children wrote their own story, made puppets and animated the film about a Victorian music hall. The film is called Wow! – Mayhem in the Music Hall and is full of fun and surprises.

The project was funded by First Light, a British Film Institute initiative with lottery cash.



FAIRWATER  
LONDON E14

Launching Saturday 29th June 10am - 4pm  
viewings by appointment only

A selection of stylish 1, 2 & 3 bedroom apartments,  
a short walk from Canary Wharf.

\*Price shown represents a one-bedroom apartment. Service charges also apply.  
Information correct at time of going to print June 2013.



## Changing rules in schools

A change in the law means schoolchildren will have to carry on with education or training at age 16 from this September as part of a government drive to boost people's skills and qualifications.

**SEE OUR SPECIAL SUPPLEMENT INSIDE THIS WEEK'S PAPER**

### Schools news

# School delighted with glowing Ofsted report

BY MEHREEN HUSSAIN

**MORPETH School in Bethnal Green is the latest in the borough to be given an outstanding rating by education watchdog Ofsted.**

The school was praised for its effectiveness in ensuring pupils are equipped to move on to the next stage of their education, training, or employment.

Inspectors found the school had strong and clear-sighted

leadership with high morale among teachers, while pupils were said to make rapid progress, with GCSE results well above average and improving.

There is also successful support for pupils with special educational needs and disabled students, while music and the arts made a major contribution to the pupils' excellent moral and cultural development.

Head teacher Sir Alasdair MacDonald said: "We are delighted with Ofsted's findings.

"We have always aimed for excellence, and it is gratifying to see our efforts have paid off.

"We have had a busy few years at Morpeth, with major redevelopment work going on around us. This clearly did not get in the way of teaching, learning and achieving.

"Ofsted's verdict of outstanding is recognition of the work of the whole school community – pupils, staff, parents, governors and our local authority."

Dr Dan Bader, the chair of gov-

ernors, said: "This is wonderful news and an exciting time for the school.

"We are delighted with this result, which is a testament to the hard work staff and pupils have put in."

In addition to a new performing arts centre, the school recently completed a building programme which gave it a new sports hall, a music block and new facilities for geography, history, religious studies and special needs classes.

**FILM** students at Morpeth School enjoyed an Oscars-style ceremony at Genesis cinema in Mile End last Tuesday, June 18.

The Moscars celebrated the film-making achievements of students across the school and sixth form. As well as being presented with trophies they had the opportunity to see their work on the big screen.

The films included a news report on the 1943 Bethnal Green Tube Disaster, a documentary about Whitechapel Gallery and its youth programme, an interview with Danny Boyle and a variety of fictional films, including opening sequences to thrillers, TV crime dramas and music videos.



## A tough condition

Holes in the heart are defects present at birth, which can change the normal flow of blood through the heart.

**SEE BELOW**



### Macie's a marathon marvel

**A YOUNG runner who was finally discharged from hospital last year after extensive treatment for a hole in the heart has raised £430 after completing the Mini London Marathon**

Macie Wheatley, a pupil at St Saviour's Church of England Primary School in Poplar, raised the cash for Great Ormond Street Children's Hospital.

The 11-year-old, who was born with a hole in the heart, has attended numerous appointments at the hospital.

Her mother, Paula Newland, was delighted when her consultant said she no longer needed to visit the hospital. "It was a huge relief," she said.

Macie is healthy and active and trained for the race at Mile End Stadium with the Tower Hamlets running team.

Children are not required to get sponsorship when running the race, but Macie wanted to give back to the hospital.

"My mum and all my family and friends came along to cheer me on and this made me want to run faster," she said.

Her mum added: "It was amazing. I was tearful – it was such a proud moment for me.

"The hospital has been amazing. It really affects you when you see all those sick children and we wanted to give something, however small towards the work it does"

**Prices from £255,000\* Shared ownership also available**

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From Crossharbour on the DLR From Canary Wharf Underground



**0844 409 6825**

[www.fairwaterE14.co.uk](http://www.fairwaterE14.co.uk)

**east** THAMES

## Nour can help

"People come to us for advice about health, legal and financial issues related to domestic violence."

SPOKESWOMAN FOR NOUR



## Nearly a quarter of adults still smoke

Tower Hamlets has among the highest levels of smoking and smokeless tobacco use in London with more than 45,000 adults – 24.5% – smoking regularly, compared to the London rate of 21%.

## News

### Domestic abuse project

A PROJECT which raises awareness and tackles domestic violence from a cultural and religious perspective is stepping up its campaign against abuse.

Nour, a registered charity, was formed three years ago and aims to engage the whole community in tackling domestic violence by inviting youth projects, mosques and community organisations to get involved.

It hosts seminars, workshops, talks and empowerment sessions, as well as offering counselling, information and advice to vulnerable women.

Nour works with women's refuges, the police, and national and community groups, and is planning to launch a helpline.

Visit <http://nour-dv.org.uk>

BY STAFF REPORTER

**SMOKERS are being urged to quit before the holy month of Ramadan starts next month.**

The Quit Tobacco Before Ramadan campaign is being promoted in advance of Ramadan – which this year starts around July 9 – to ensure there is time for residents to quit tobacco with help from the local stop smoking services.

As Ramadan is a time for fasting, praying, forgiveness and purification, the council is promoting the holy month as a time for Muslims to quit tobacco before beginning their cleansing ritual.

Mayor Lutfur Rahman, who attended the launch of the campaign at the East London Mosque on June 14, said: "Ramadan is a time to overcome unhealthy habits, and should be seen as an ideal time to quit tobacco. By working closely with Tower Hamlets Public Health and



(From left) Cllr Abdul Asad, Abul Khurshed from the Bangladeshi Stop Tobacco project, director of Public Health Tower Hamlets Dr Somen Banerjee, director of London Muslim Centre Dilowar Hussain and Mayor Rahman

community organisations, we are building on past achievements to reduce tobacco prevalence, while protecting the community from its harmful effects."

Tower Hamlets continues to have among the highest levels of smoking and smokeless tobacco use in London with more than 45,000 adults (24.5 per cent)

continuing to smoke regularly, compared to the London rate of 21 per cent.

But smoking rates continue to fall as approximately 23 per cent of the population are ex-smokers. Tower Hamlets is currently in the top spot for stop smoking rates with 1,280 successful quits for every 100,000 people.

Cllr Abdul Asad, cabinet member for health and wellbeing, said: "There is a wide range of free services available to support those looking to stop smoking or chewing tobacco."

The campaign is delivered through advisers, imam sermons, health trainers and community health professionals.

The Bangladeshi Stop Tobacco Project offers support to quit in both Bengali and English by male and female advisers. They can be contacted on 7882 8669 (women) or 7882 8660 (men.)

Pharmacists and GPs can also provide advice and support at any time.

## Thinking of returning to your country? We can help you

If you are an asylum seeker, have Discretionary Leave to Remain or have no legal status in the UK, we offer free, confidential advice and information to help you decide whether to return.

Nadir\*, who had raised a young family in the UK, wished to return to India so they could have extra support from relatives. He invested some of the family's financial assistance in an existing business that manufactured paper core tubes. The business, already established by a close friend, allowed them to expand as partners and buy additional machinery. This allowed Nadir and his family to move into their own flat.

\* names and identities have been changed

We know that deciding whether to return can be a difficult decision and will not pressure you to return or to stay in the UK. If you decide not to return, we can refer you to other local advice services.

If you decide to return, we will:

- help you plan your return, book flights and assist you to the airport
- pay for your flight and arrange travel documents
- in some cases give you financial assistance.

If you are part of a family up to £2,000 is available per family member to help you resettle.

If you would like to find out more about your options call Choices Assisted Voluntary Return Service free on

**0808 800 0007**

or go to [www.choices-avr.org.uk](http://www.choices-avr.org.uk)

If you would like someone to visit your community group and tell you more about the service email [choices@refugee-action.org.uk](mailto:choices@refugee-action.org.uk)





## The appliance of science

The Science Museum is trying to track down ordinary Londoners who worked in the nascent days of 'new technology' for its new £15.6 million Information Age gallery.

SEE BELOW

## Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at [johnrennie@gmail.com](mailto:johnrennie@gmail.com)

[WWW.EASTLONDONHISTORY.COM](http://WWW.EASTLONDONHISTORY.COM)

## History

BY JOHN RENNIE

### WERE you or a member of your family a telephone operator in the 1950s or 1960s?

Did a member of your family manage one of the Lyons corner houses that were as much a part of London as red phone boxes, pillar boxes and buses in the middle years of the last century?

If so, the Science Museum wants to hear from you. But for younger readers, a trip in the East End Life time machine is in order.

Today, when many of us are scarcely off the phone (yet increasingly few of us have landlines in our homes) the telecoms world of the 1960s and earlier seems impossibly distant.

Dialling from a Bakelite handset the size of your head; the patience required to watch the dial leisurely return to its starting position after selecting each number (junior readers can watch this in case they are confused <http://www.youtube.com/watch?v=TGWAkIVhuVI>).

Automated it wasn't, and even after the advent of the dial telephone, London's phone system required 200 or more manual telephone exchanges, dotted around the capital, each manned by an army of telephonists (almost without exception women) who would connect your call or intercede when you had difficulties connecting.

These days we have the Edward Snowden affair and US Government snooping on phone communications; back in the sixties it might be a tea-sipping operator from Poplar's 'EASt' exchange, who would peremptorily cut in on your call to tell you that "your three minutes are nearly up".

It was always slightly disconcerting to have a third-party cut in (let alone the oddness of party lines and your neighbours listening in to your calls), but the phrase "Hello, this is the operator" is one no East Ender under 50 will ever have heard.

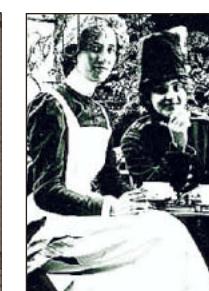
Crucially too, it was the telephonist who took down the details when you wanted to send a telegram (in those days the essential express mode of communication). Telegrams were the medium by which good news (births and wedding congratulations) and bad (war casualties) were delivered) and the operators had to be expert in taking down details exactly right.

But that marvellous regiment of women was – like those other London regiments of typists, bus clippies and matchgirls before them – disbanded. But where did they go?

The Science Museum is trying to track them down, looking for the individual stories of ordinary Londoners who worked in the nascent days of 'new technology' for its new £15.6 million Information Age gallery.

The exchanges had marvellously evocative names – some of which made geographical sense. So the East End had

# Were you at the cutting edge of technology?



(Above) Lyons manager Alice Eleanor Bacon, 1897. © Peter Bird

(Left) Workers at the manual telephone exchange

ADVANCE (Bow and Mile End), EAST for Poplar, ROYAL for Wapping (from the Royal Mint), SHOREDITCH and STEPNEY GREEN.

In the days before dialling, you would lift the receiver and ask for Shoreditch 236; once dials came in the first three letters would be grouped around the dial, allowing you to select SHO236. Gradually letters were abandoned and 'all number dialling' supplanted it.

The story of Lyons is stranger still. For this quaint organisation, itself spun from a company started by two East End Jews, went on to play a pivotal role in the development

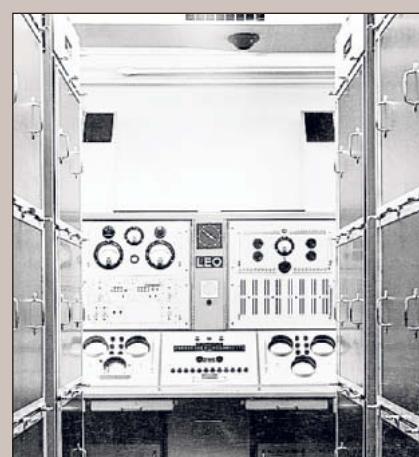
of the computer. It is as if, in the words of New Scientist magazine a few years back, "Pizza Hut had developed a new generation of microprocessor, or McDonald's had invented the internet."

Samuel Gluckstein and Barnett Salmon came to London in the middle of the 19th century and founded what would become the largest tobacconist chain in the world. Their story is for another day, as it was a spin-off company led by Montague Gluckstein that would change the course of computing nearly a century later.

Young Montague Gluckstein's chain of

### How to take part

Tea shop managers, telephonists or their relatives, are asked to contact the Science Museum by emailing [stories@sciencemuseum.ac.uk](mailto:stories@sciencemuseum.ac.uk) or registering directly on the website [www.sciencemuseum.org.uk/stories](http://www.sciencemuseum.org.uk/stories) by June 28, 2013.



(Left) The computer LEO I

teashops (cannily anglicised to 'Joe Lyons') was a huge success – every Londoner had drunk a cup of tea in a Lyons corner shop at some point in his or her life.

And Lyons were always looking for ways to streamline their business – as anyone in retail knows, the profits are in the detail, and the company saw automated systems as the way forward for stock control, cashing up, payroll and the rest.

So it was in the late 1940s, that Lyons' money developed the world's first business computer. Lyons gave computing pioneers Sir Maurice Wilkes, John Pinkerton and David Caminer the money and the freedom to get to work. Wilkes, a Cambridge scientist, had led the development of the Electronic Delay Storage Automatic Calculator (Edsac). Caminer, later dubbed "the world's first corporate electronic systems analyst", had been born David Treisman in the East End.

After service in World War II (losing a leg at the Battle of Mareth in Tunisia), he and Pinkerton did the design work on what would become the Lyons Electronic Office (LEO) I computer.

As early as 1951, it was being used for bakery valuation calculations. Three years later, it was preparing the payslips of the 1,700 weekly-paid employees at the Lyons bakery near Olympia, west London.

Leo Computers Ltd was set up to sell the Leo and its successors (LEO II and LEO III) to other companies. The General Post Office (at that point running those telephone exchanges of course), Customs and Excise, the Ministry of Pensions and Ford motors took LEOs.

The machines were sold to Australia, South Africa and even behind the Iron Curtain, to the Soviet Union and Czechoslovakia. The company became part of English Electric and then ICL – the Labour government's attempt to expand the British computer industry into the global market in the late 1960s. Cue hurrahs and Britain leading the IT revolution... so why are we talking about Microsoft and Apple today, rather than Lyons? Alas the company went the way of British cars, motorcycles, ships and... well you complete the list.

But maybe you or yours operated LEO back in the 1960s? Or maybe you were one of those operators taking down details of telegrams? Maybe you even have one of those surviving printed telegrams? If so, the Science Museum wants to hear from you.

## A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

[WWW.TOWERHAMLETS.GOV.UK](http://WWW.TOWERHAMLETS.GOV.UK)



## Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

[WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM](http://WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM)

## Council information

### Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at [www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm](http://www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm)

### Meetings

**Tuesday, June 25**

6.30pm: Licensing sub-committee

Business includes applications for: variation of premises licence for The Princess Alice, 40 Commercial Street, E1; and new premises licence for Burro E Salvia, 52 Redchurch Street, E2.

For details, call 7364 4120 or email [simmi.yesmin@towerhamlets.gov.uk](mailto:simmi.yesmin@towerhamlets.gov.uk)

**7pm: Audit committee**

Items on the agenda include the internal audit annual report 2012/13, annual governance statement 2012/13, and anti-fraud and corruption strategy and pro-active anti-fraud plan 2013/14.

For details, call 7364 4881 or email [antonella.burgio@towerhamlets.gov.uk](mailto:antonella.burgio@towerhamlets.gov.uk)

**Wednesday, June 26**

7.30pm: Council

Includes petitions from the public against the closure of the Isle of Dogs police station

and against casinos and betting shops.

For details, call 7364 4204 or email [johns.williams@towerhamlets.gov.uk](mailto:johns.williams@towerhamlets.gov.uk)

**Tuesday, July 2**

7pm: Overview & scrutiny committee

For details, call 7364 4333 or email [angus.taylor@towerhamlets.gov.uk](mailto:angus.taylor@towerhamlets.gov.uk)

**7.30pm: Human resources committee**

For details, call 7364 4207 or email [evelyn.akoto@towerhamlets.gov.uk](mailto:evelyn.akoto@towerhamlets.gov.uk)

**Wednesday, July 3**

**5.30pm: Cabinet**

For details, call 7364 4651 or email [matthew.mannion@towerhamlets.gov.uk](mailto:matthew.mannion@towerhamlets.gov.uk)

**Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except Cabinet.**



### Tower Hamlets online

[www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk)

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections

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## Roads to close for London Triathlon

**THE Virgin Active London Triathlon takes place on the weekend of July 27 and 28, with approximately 12,000 people expected to compete.**

The road race, on Sunday, July 28, will see road closures and traffic arrangements amended

in the south of the borough, from 5am until 6pm.

East India Dock tunnel, Aspen Way, the Limehouse Link tunnel and The Highway will all be closed in both directions, from 5am until 6pm.

The A13 will provide the main diversion route for traffic trav-

elling east or west in the area.

There will be access and egress available for Wapping residents throughout the whole day, via Vaughan Way only.

Diversions will be in place - see [www.thelondontriathlon.co.uk](http://www.thelondontriathlon.co.uk) or [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk) for full details.

### Planning

**E1**

**398 Bancroft Road** – first-floor extension over existing ground floor.

**159 Mile End Road** – prior approval of site and appearance of new telecommunications equipment within existing location. Six existing GSM/UMTS antenna and GSM LNAs to be retained. Existing UMTS LNAs to be replaced with wideband TMAs. Existing GSM and UMTS feeders to be dplexed at UCUs and new feeder trails installed between UCUs and new SAMO cabinet. New 40a breaker to be installed in existing distribution board for SAMO power supply. Proposed Samsung BTS outdoor (SAMO)

cabinet on existing concrete base at rear of site.

**E3**

**600 Roman Road** – retention of restaurant use with existing ventilation flue, plus two refrigeration units attached to boundary wall within rear yard.

**Flats 602, 701 & 802, Omega Works, 4 Roach Road** – application for lawful development certificate re existing residential use.

**Unit 76, Omega Works, 4 Roach Road** – application for lawful development certificate for existing use as single residential dwelling.

**E14**

**1 Kingfield Street** – proposed conversion of house into three flats.

**52 Strattondale Street** – notification of proposed ground-floor rear extension, 4.5 metres from rear wall, 2.8m high, 5.7m wide.

**120-132 Chrissp Street** – internally illuminated fascia sign box to flank elevation & internally illuminated projecting sign box to front elevation.

**63-69 Manilla Street** – request for screening opinion as to whether residential-led, mixed-use redevelopment requires environmental impact assessment.

This is not a definitive list of all current planning applications. For more details go to the council's website at [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk) and click on Planning & Building.

### Female Driving Instructor



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For more information

### Drug treatment providers

#### Community Drug Team

Substitute prescribing, key working, health screening & referral to residential treatment.  
71 Johnson Street, E1.

7790 1344  
[www.lifeline.org.uk](http://www.lifeline.org.uk)

#### Nafas

Support with a focus on Bangladeshi community.  
The Davenant Centre,  
179-181 Whitechapel Road, E1  
7377 0676.

#### Harbour Recovery Centre

In-patient detox for 18+ males.  
Riverside House, 4th Floor,  
20 Garford Street, E14.  
7538 9421

#### Young People's Service

Treatment for under-19s  
Unit 26, Skyline Village,  
Limeharbour, E14.  
3069 7878  
[www.lifeline.org.uk](http://www.lifeline.org.uk)

#### Isis

For women aged over 18  
c/o Hopetown Hostel,  
60 Old Montague Street, E1.  
7426 0399  
[www.compass-uk.org](http://www.compass-uk.org)

#### Community Alcohol Team

Unit 22, Skyline Village  
Limeharbour, E14.  
0800 008 7200  
[www.rapt.org.uk](http://www.rapt.org.uk)

#### Somali Substance Misuse

Help, advice & referral for people with khat, alcohol or drug issues. Contact Idris Elmi.  
Mind in Tower Hamlets & Newham, Open House  
13 Whitethorn Street, E3.  
7510 1081



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# Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

[MY.TOWERHAMLETS.GOV.UK](http://MY.TOWERHAMLETS.GOV.UK)



# Did you get it?

Last week's photo was taken in St Stephen's Park, E3.

## Council information

### Hotline numbers

Housing benefits – 7364 5001  
Council tax – 7364 5002  
Parking services – 7364 5003  
Streetline – 7364 5004  
Adult social care – 7364 5005  
Children's services – 7364 5006  
Pest and noise nuisance – 7364 5007  
Environmental health, trading standards & licensing – 7364 5008  
Planning & development – 7364 5009  
Business rates – 7364 5010  
Recruitment line – 7364 5011  
Electoral services – 7364 0872  
Tower Hamlets Homes – 7364 5015  
Healthline – 7364 5016

### Report it!

To report an incident, use these 24-hour freephone numbers:  
Non-emergency crimes – 101  
Textphone – 18001 101  
Hate crimes – 0800 138 0521

### General enquiries

For other council enquiries call 7364 5020.

### Useful housing numbers

Housing repairs – 0800 376 1637  
Tenancy support – 7364 5544  
Housing advice (E1) – 7364 7507  
Housing advice (E1, E2 or E3) – 7364 3558  
Homeless service – 7364 7474  
Choice-based lettings – 7364 0244  
Homeseekers – 0845 270 2400

### Switchboard

If you know the name of the person or department you



This week's photo was taken by Mel Harris, a property guardian living in Anderson House in Robin Hood Gardens, Poplar where the wet spring weather has been encouraging the wild flowers to bloom. "They're lovely," she said. If you have photos of your own you want to submit, please feel free. Email [eastendlife.news@towerhamlets.gov.uk](mailto:eastendlife.news@towerhamlets.gov.uk) or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG.

need to contact, call the switchboard on 7364 5000.

### Town Hall

Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG.  
7364 5000

### Other useful information

#### Safer Neighbourhood teams (SNTs)

SNTs operate in every ward in

Tower Hamlets, providing dedicated community policing that works to priorities set by the public through Local Area Partnerships (LAPs).

To find out more about SNTs, contact your local team:  
Bethnal Green North 8721 2851  
Bethnal Green South 8721 2849  
Blackwall & Cubitt Town 8721 2877  
Bow East 8721 2807  
Bow West 8649 3521  
Bromley by Bow 8721 2041  
East India & Lansbury 8721 2806  
Limehouse 8721 2852

### Mile End & Globe Town

8721 2853  
**Mile End East** 8721 2848  
Millwall 8721 2850  
Shadwell 8649 3524  
**Spitalfields & Banglatown**  
8721 2042  
St Dunstan's & Stepney Green 8721 2808  
St Katharine's & Wapping 8721 2854  
Weavers 8721 2043  
Whitechapel 8649 3520

If a crime is in progress, there is an emergency or if

anyone is in immediate danger please dial 999.

#### 24-hour domestic violence national helpline

0808 2000 247

#### Trading standards

Consumer Direct: 08454 040506

#### Tower Hamlets Mediation Service offers confidential and impartial advice with neighbour conflict

Free service for council tenants and leaseholders. 7702 8305

### Walk-in services

#### One Stop Shops

Bethnal Green – 1 Rushmead, off Bethnal Green Road, E2  
**Bow & North Poplar** – John Onslow House, 1 Ewart Place, E3  
**South Poplar** – 15 Market Square, Chriss Street, E14  
**Stepney & Wapping** – Idea Store Watney Market, 260 Commercial Road, E1. Open Mon-Fri, 9am, doors close at 4.30pm. Sat, 9am, doors close 12.30pm at Rushmead and Idea Store Watney Market only.

### Idea Stores

**Bow** – Gladstone Place, E3.  
**Canary Wharf** – Churchill Place, Canary Wharf, E14.  
**Chriss Street** – Vesey Path, E14.  
**Whitechapel** – 321 Whitechapel Road, E1. 7364 4332  
**Watney Market** – Commercial E1. 7364 4332 All open: Mon to Thurs, 9am-9pm; Fri, 9am-6pm; Sat, 9am-5pm. Sundays – Bow and Chriss Street open, 10am-4pm; Whitechapel, 11am-5pm; and Canary Wharf, 12-6pm.

### Libraries

**Bethnal Green** – Cambridge Heath Road, E2. 8980 3902  
**Cubitt Town** – Stratfordale Street, E14. 7987 3152 All open: Mon, Tues, Weds & Fri, 10am-6pm; Thurs, 10am-8pm; Sat, 9am-5pm.  
**Local History Library and Archives** – 277 Bancroft Road, E1. Temporarily closed during building works, until June. 7364 1290; email [localhistory@towerhamlets.gov.uk](mailto:localhistory@towerhamlets.gov.uk)

**G & R MINI CABS AND AIRPORT SERVICES**

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[www.gandcars.co.uk](http://www.gandcars.co.uk)

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## রোজার আগেই ধূমপান পরিত্যাগে বিশেষ প্রচারাভিযান শুরু

মেয়ার লুৎফুর রহমান আসন্ন রামাদান এর আগেই ধূমপান পরিত্যাগে ধূমপায়ীদের উদ্বৃদ্ধ করতে একটা বিশেষ প্রচারাভিযান উদ্বোধন করেছেন। ৯ জুলাই থেকে পবিত্র রামাদান শুরুর কয়েক সপ্তাহ আগেই ধূমপান পরিত্যাগের ক্যাম্পেইন শুরু করা হলো, যাতে করে ধূমপায়ীরা রোজার মাস শুরুর আগেই ধূমপানের অভ্যাস পরিত্যাগ করতে পারেন। - বিস্তারিত নীচে

**QUIT TOBACCO IN THE RUN-UP TO RAMADAN**

## ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

**7364 4944**

## Harmony

# রোজার আগেই ধূমপান পরিত্যাগে বিশেষ প্রচারাভিযান শুরু

Quit tobacco in the run-up to Ramadan – see page 12

টাওয়ার হ্যামলেটস্ এর নির্বাচী মেয়ার লুৎফুর রহমান আসন্ন রামাদান এর আগেই ধূমপান পরিত্যাগে ধূমপায়ীদের উদ্বৃদ্ধ করতে একটা বিশেষ প্রচারাভিযান উদ্বোধন করেছেন।

আগামী ৯ জুলাই থেকে পবিত্র রামাদান শুরু হবে এবং এই পবিত্র মাস শুরুর কয়েক সপ্তাহ আগেই ধূমপান পরিত্যাগের ক্যাম্পেইন শুরু করা হচ্ছে। আগামী ৯ জুলাই থেকে পবিত্র রামাদান শুরু করতে একটা বিশেষ প্রচারাভিযান উদ্বোধন করেছেন।

যেহেতু পবিত্র রামাদান হচ্ছে উপবাস,

ইবাদত, ক্ষমা ও ক্ষণাত্মক মাঝে মাঝে পাওয়ার মাস, সেহেতু এই পবিত্র মাসে যাতে মুসলমানদের ধূমপানের অভ্যাস ছাড়াতে উদ্বৃদ্ধ করতে টাওয়ার হ্যামলেটস্ কাউন্সিল এই বিশেষ প্রচারাভিযান শুরু করেছে।

ইস্ট লন্ডন মসজিদে ‘কুইট টোব্যাকো বিফোর রামাদান’ শীর্ষক এই ক্যাম্পেইনের উদ্বোধন কালে নির্বাচী মেয়ার লুৎফুর রহমান বলেন, স্বাস্থ্যের জন্য ক্ষতিকর যে কেন অভ্যাস পরিত্যাগের উৎকৃষ্ট সময় হচ্ছে রামাদান, এবং ধূমপান ছাড়ার জন্য এই মাসটিকে উপযুক্ত সময় হিসেবে বিবেচনা করা হয়। টাওয়ার হ্যামলেটসের গণ স্বাস্থ্য বিভাগ এবং কমিউনিটি সংগঠনগুলোর সাথে অত্যন্ত ঘনিষ্ঠভাবে কাজ করার মাধ্যমে আমরা

ধূমপান ও তামাজ জাতীয় পণ্য সেবন পরিত্যাগের হার ক্রমাগতে বাড়াতে সক্ষম হচ্ছি।

উল্লেখ্য, ধূমপান ও তামাজ জাতীয় পণ্য সেবনের ক্ষেত্রে টাওয়ার হ্যামলেটসের অবস্থান লন্ডনের মধ্যে শীর্ষে। প্রায় ৪৫ হাজার লোক (২৪.৫ শতাংশ) নিয়মিত ধূমপান কিংবা তামাজ জাতীয় পণ্য সেবন করে থাকেন। লন্ডনের ক্ষেত্রে এই হার হচ্ছে ২১ শতাংশ। সাউথ এশিয়ান কমিউনিটিতে ধূমাবিহীন তামাজ সেবনের প্রবণতা খুব বেশি এবং কখনও কখনও সিগারেট কিংবা হক্কা পানের সাথে সাথে তামাজ জাতীয় পণ্য ও লোকজন সেবন করে থাকেন।

তবে আশার কথা হচ্ছে, ধূমপান পরিত্যাগের হার ক্রমেই বাড়ছে, মোট জনসংখ্যার ২৩ ভাগ লোক হচ্ছেন সাবেক ধূমপায়ী। বর্তমানে ধূমপান পরিত্যাগের তালিকার শীর্ষের রয়েছে টাওয়ার হ্যামলেটস্ প্রতি এক লাখ মানবের মধ্যে ১ হাজার ২৪০ জন ধূমপায়ী সাফল্যের সাথে তাদের এই অভ্যাস পরিত্যাগ করতে সক্ষম হয়েছে।

টাওয়ার হ্যামলেটসের হেলথ এন্ড ওয়েলবিয়ং বিষয়ক কেবিনেট মেম্বর, কাউন্সিলর আব্দুল আসাদ বলেন, ধূমপান পরিত্যাগে স্থানীয় বাসিন্দাদের সহযোগিতা প্রয়োজনীয় বাসিন্দাদের সহযোগিতাও সংগঠনটি সহযোগিতা ও উপদেশ প্রদান করবেন। বারার বিভিন্ন এলাকায় বাংলাদেশী স্টপ টোব্যাকো প্রজেক্টে এর ক্ষেত্রে এই অর্থক্ষম দেখা যাবে। তারা স্থানীয় বাসিন্দাদের এই সার্ভিসের আওতায় আনবে এবং বাংলা ও ইংরেজী ভাষী পুরুষ ও মহিলা নিরূপসাহিত ও সচেতন করার পাশাপাশি নানাভাবে কাজ করে যাচ্ছে। রোজার আগেই ধূমপান পরিত্যাগের এই ক্যাম্পেইনের অংশ হবে। যারা ধূমপান ও তামাজ জাতীয় পণ্য



সেবনের অভ্যাস পরিত্যাগ করতে চান, তাদের হিসেবে ইমামরা তাদের খুবায় ধূমপানের নিয়ে ধর্মীয় বিধিবিহীন তুলে ধরবেন এবং পরামর্শক ও স্বাস্থ্য কর্মীরা ধূমপান পরিত্যাগে প্রয়োজনীয় সহযোগিতা ও উপদেশ প্রদান করবেন। বারার বিভিন্ন এলাকায় বাংলাদেশী স্টপ টোব্যাকো প্রজেক্টে এর ক্ষেত্রে এই একটি সুর্বৰ্ষ সুযোগ। আমরা তাদের অভিমত সহযোগী সংস্থাগুলোর কাছে তুলে ধরতে পারবো। এ গুলো হচ্ছে টাওয়ার হ্যামলেটসের হেলথ এন্ড ওয়েলবিয়ং এর স্টপ টোব্যাকো প্রজেক্টে এবং টাওয়ার হ্যামলেটসের কাউন্সিলের ক্ষেত্রে এই অভিযানের প্রয়োজনীয় স্বাস্থ্য প্রদান করেন।

উল্লেখ্য, ২০০৭ সালে টাওয়ার হ্যামলেটস্ প্রতি এক লাখ মানবের মধ্যে ১ হাজার ২৪০ জন ধূমপায়ী সাফল্যের সাথে তাদের এই অভ্যাস পরিত্যাগ করতে সক্ষম হয়েছে। টাওয়ার হ্যামলেটসের হেলথ এন্ড ওয়েলবিয়ং প্রজেক্ট এক লাখ মানবের মধ্যে ১ হাজার ২৪০ জন ধূমপায়ী সাফল্যের সাথে তাদের এই অভ্যাস পরিত্যাগ করতে সক্ষম হয়েছে। টাওয়ার হ্যামলেটসের হেলথ এন্ড ওয়েলবিয়ং এবং প্রজেক্টে এই অভিযানের প্রয়োজনীয় স্বাস্থ্য প্রদান করেন। বারার বিভিন্ন এলাকায় বাংলাদেশী স্টপ টোব্যাকো প্রজেক্টে এই অভিযানের প্রয়োজনীয় স্বাস্থ্য প্রদান করেন।

হিসেবে ইমামরা তাদের খুবায় ধূমপানের নিয়ে

ধর্মীয় বিধিবিহীন তুলে ধরবেন এবং পরামর্শক

ও স্বাস্থ্য কর্মীরা ধূমপান পরিত্যাগে প্রয়োজনীয়

সহযোগিতা ও উপদেশ প্রদান করবেন। বারার

বিভিন্ন এলাকায় বাংলাদেশী স্টপ টোব্যাকো

প্রজেক্টে এই অভিযানের প্রয়োজনীয় স্বাস্থ্য প্রদান করেন।

টাওয়ার হ্যামলেটসের হেলথ এন্ড ওয়েলবিয়ং এর ক্ষেত্রে এই অভিযানের প্রয়োজনীয় স্বাস্থ্য প্রদান করেন।

তারা স্থানীয় বাসিন্দাদের এই সার্ভিসের আওতায় আনবে এবং বাংলা ও ইংরেজী ভাষী পুরুষ ও মহিলা নিরূপসাহিত ও সচেতন করার পাশাপাশি নানাভাবে কাজ করে যাচ্ছে। রোজার আগেই ধূমপান পরিত্যাগের এই ক্যাম্পেইনের অংশ হবে। যারা ধূমপান ও তামাজ জাতীয় পণ্য

হিসেবে ইমামরা তাদের খুবায় ধূমপানের নিয়ে

ধর্মীয় বিধিবিহীন তুলে ধরবেন এবং পরামর্শক

ও স্বাস্থ্য কর্মীরা ধূমপান পরিত্যাগে প্রয়োজনীয়

সহযোগিতা ও উপদেশ প্রদান করবেন। বারার

বিভিন্ন এলাকায় বাংলাদেশী স্টপ টোব্যাকো

প্রজেক্টে এই অভিযানের প্রয়োজনীয় স্বাস্থ্য প্রদান করেন।

হিসেবে ইমামরা তাদের খুবায় ধূমপানের নিয়ে

ধর্মীয় বিধিবিহীন তুলে ধরবেন এবং পরামর্শক

ও স্বাস্থ্য কর্মীরা ধূমপান পরিত্যাগে প্রয়োজনীয়

সহযোগিতা ও উপদেশ প্রদান করবেন। বারার

বিভিন্ন এলাকায় বাংলাদেশী স্টপ টোব্যাকো

প্রজেক্টে এই অভিযানের প্রয়োজনীয় স্বাস্থ্য প্রদান করেন।

হিসেবে ইমামরা তাদের খুবায় ধূমপানের নিয়ে

ধর্মীয় বিধিবিহীন তুলে ধরবেন এবং পরামর্শক

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সহযোগিতা ও উপদেশ প্রদান করবেন। বারার

বিভিন্ন এলাকায় বাংলাদেশী স্টপ টোব্যাকো

প্রজেক্টে এই অভিযানের প্রয়োজনীয় স্বাস্থ্য প্রদান করেন।

হিসেবে ইমামরা তাদের খুবায় ধূমপানের নিয়ে

ধর্মীয় বিধিবিহীন তুলে ধরবেন এবং পরামর্শক

ও স্বাস্থ্য কর্মীরা ধূমপান পরিত্যাগে প্রয়োজনীয়

সহযোগিতা ও উপদেশ প্রদান করবেন। বারার

বিভিন্ন এলাকায় বাংলাদেশী স্টপ টোব্যাকো

প্রজেক্টে এই অভিযানের প্রয়োজনীয় স্বাস্থ্য প্রদান করেন।

হিসেবে ইমামরা তাদের খুবায় ধূমপানের নিয়ে

ধর্মীয় বিধিবিহীন তুলে ধরবেন এবং পরামর্শক

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প্রজেক্টে এই অভিযানের প্রয়োজনীয় স্বাস্থ্য প্রদান করেন।

**Graham Barker** discovers a trail of Mercers' maidens as he walks between Whitechapel and Watney Market Idea Stores. Photos by **Kois Miah**.

**THE borough's five Idea Stores are located in the heart of the community, alongside busy markets.**

On this route you'll walk between two of them – going from the largest, at Whitechapel to the newest, at Watney Market. Along the way, there's a series of Mercers' maidens to spot.

Before setting off, nip into Idea Store Whitechapel (1). Designed by architect David Adjaye, it rises in blue and green glass above the market stalls. Inside, you might see toddlers at story-time, visitors surfing the net or students at ESOL classes.

This philosophy of 'library, learning and information' under one roof – revolutionary when first developed over a decade ago – has since become a model for libraries elsewhere.

A few steps on, golden letters arc over the former Albion Brewery of Mann, Crossman & Paulin. The company's emblem – George and the dragon – appears on the clock tower behind.

The Blind Beggar nearby is still remembered as the pub where Ronnie Kray shot fellow gangster George Cornell in 1966. As bullets flew, the jukebox played The Sun Ain't Gonna Shine Anymore. Rest assured, it's much safer nowadays.

By this crossroads – exactly one mile distant from the City wall at Aldgate – the Mile End tollgate once stood. As you walk beside tree-lined Mile End Waste, look out for No 27a – a confection of Edwardian baroque – built for the Albion Brewery's engineer.

Peer through the railings of Trinity Green (2). These almshouses were built in 1695 at the behest of sea captain Henry Mudd for "28 decay'd Masters and Comanders of



A model galleon on the gables at Trinity Green almshouses



The Congregation of Jacob synagogue in Commercial Road



(Right) Idea Store Whitechapel



"Ships or ye Widows of such". Model galleons decorate the end gables.

The colourful mural (3) – commissioned by solicitors TV Edwards – depicts over 20 famous faces associated with the neighbourhood, including Captain James Cook, the Queen, and artists Gilbert and George.

Nearby, William Booth (4) chose Mile End Waste to begin preaching in 1865. His military-style uniforms and soup kitchens ensured he was noticed. From that modest start, the Salvation Army grew into a worldwide organisation.

Now cross Mile End Road and head through O'Leary Square. It's home to Rinkoff's, a Jewish family bakery established in 1911 and serving pastries, bagels and rye breads.

There's a white bust of a crowned woman, known as the Mercers' maiden (5), inset into the façade of Grove Dwellings on Adelina Grove. The Mercers' Company – one of the ancient City livery companies – owned extensive land in Stepney and used the maiden emblem to badge its buildings.

Around the corner, Jubilee Street – commemorating the Golden Jubilee of George III in 1810 – includes two facing terraces, de-

tailed with Gothic glazing, decorative fanlights and balconies.

There's another Mercers' maiden inset into Lindley House. Today however, you head left into Smithy Street, where a mosaic menagerie of colourful creatures jumps out from the school wall.

Opposite, cut through the Clancy Estate (6). The estate was named after Stepney's twin town in France and its blocks have Francophile names, set around a central precinct.

Beyond nine-storey Odette Duval House you'll find the Stepney Meeting House. This congregation was first established in 1644 but the present building, with a shallow concrete dome and large cross, replaced an earlier church destroyed in the Blitz.

The undertakers, Tadman's, stand on the corner of Jubilee Street and feature another Mercers' maiden. Thomas Tadman – initially a horse trader – set up in Stepney in 1849. Six generations later, you'll still see their horse-drawn hearses leading funeral corteges with pomp and dignity.

Further on, Dempsey Street School was converted in 2003 to create Stepney City Apart-



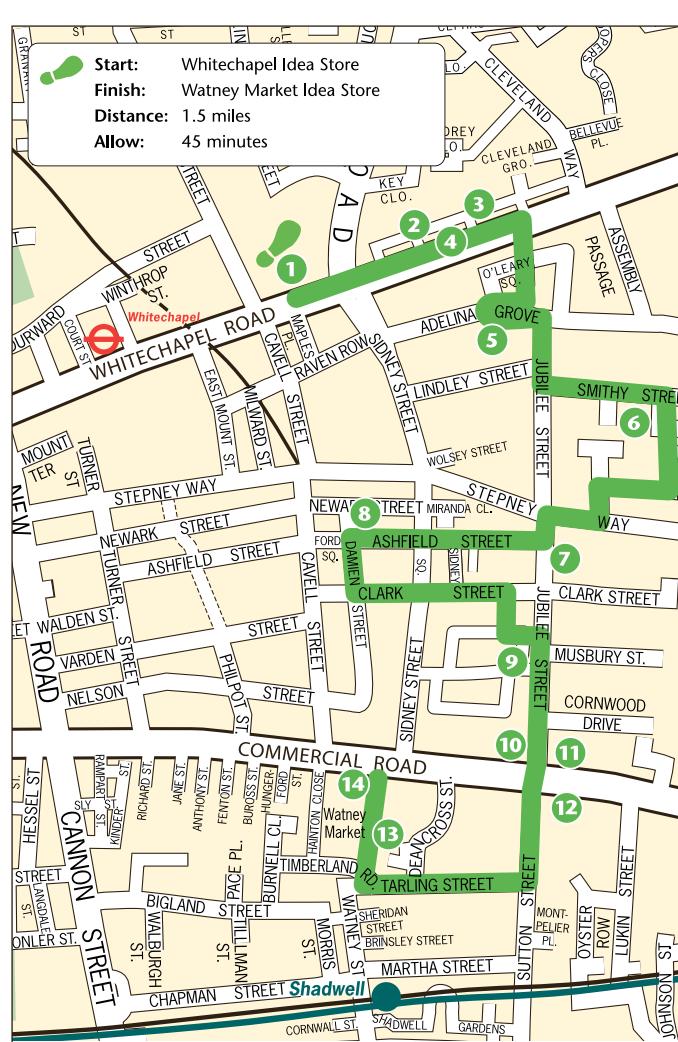
(Above) The delights of Jewish family bakery Rinkoffs and (right) the light interior of Watney Market Idea Store

ments (7) and Jubilee Mansions proudly displays its 1921 date stone.

Head along Ashfield Street and through Sidney Square, a leafy enclave with some well-preserved 1820s houses. The housing style changes – to fiery red-brick – as you continue towards Ford Square.

A blue plaque (8) at No 91 marks the childhood home of Jack Cohen, founder of Tesco. He started out by selling surplus wartime foodstuffs at London markets, now his supermarkets are seemingly everywhere.

Opposite at No 84a, with rust-coloured ply cladding, Elektra House presents a window-



# From one bright



A mosaic at Smithy Street School



A house in Jubilee Street



The newly-opened Idea Store Watney Market

## From Whitechapel to Watney Market



less façade to the street. Like Idea Store Whitechapel, it was designed by David Adjaye, but the contrast could not be greater. The neighbouring terrace – restored by the Heritage of London Trust – makes a friendlier prospect.

Below Ford Square, the Esha'Atul Islam mosque and madrassa – established in 1983 – is based in a white-washed former fashion warehouse. It's a sign that we're in the historic heartland of the East End rag trade.

Back in Sidney Square, nip beside Woolton House. You emerge into Jubilee Gardens (9), a park surrounded by cottages, with skyline views towards the new blue-glass Royal London Hospital.

At Commercial Road, there are landmarks in all directions. The Congregation of Jacob (10) – topped with a Star of David – is one of three active

East End synagogues. It was founded to serve Eastern European immigrants and incorporates a remarkable folk-art interior.

The George Tavern (11) superseded the Halfway House, a 12th century tavern mentioned by Chaucer and Pepys. Today it's a hub for musicians and other creatives, thanks to the landlady, artist Pauline Forster.

Opposite, St Mary and St Michael's Church (12) was one of the first major Roman Catholic churches in the East End, built in 1856 to cater mainly for the growing Irish population nearby.

Another Mercers' maiden looks down from the former United Dairies depot on Sutton Street. Now skirt around Sonali Gardens; Sonali is Bengali for 'golden' and this Link-Age day centre offers activities and support to the older Bangladeshi community.

At the other end of Tarling Street, take a peek at the award-winning Winterton House organic community garden, complete with chickens, ducks and rabbits.

Watney Market (13) was redeveloped in the 1970s, on the site of a Victorian market



The statue of Sir William Booth

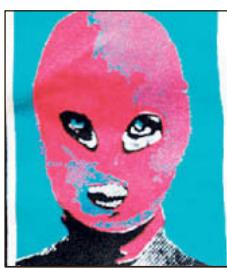
boasting over 200 shops and stalls. As you approach, six seating blocks – the Shadwell Soundwaves – are inscribed with "Do you remember when Sainsbury's... cut the butter?" and other local memories.

Browse the stalls – offering good-value fabrics and food – before finishing at the new Idea Store (14) on Commercial Road. Pop inside to see what's on offer, including a lending library, internet access and a One Stop Shop for residents to access council services.

Designed by architects Bisset Adams, it's the borough's first public eco-building – planted with a 'green roof' and insulated with quadruple glazing. There are plans to make it a focal point for health projects and employment opportunities. It's certainly worth investigating.



# From one idea to another



## I predict a Riot

Russian punk rock trio Pussy Riot were jailed for hooliganism.

**SEE BELOW**

## Tripping the light fantastic

Photographer Julian Abrams specialises in interior and architectural work. Driven by a passion for light, Abrams' work at The Arch focuses on sculptures made with LEDs.

[WWW.JULIANABRAMS.CO.UK](http://WWW.JULIANABRAMS.CO.UK)

## Out & about guide

### What's on where this week

#### Parent & child

##### Dance play

Dance and movement for parents/carers and their children aged 1-5. Weds, 10-11.15am. Free. Language of Dance Centre, Oxford House, Derbyshire Street, E2. 7749 1131

##### Island Tots

For childminders, parents and kids ages 0-4. Mon-Fri, 1-3pm, term-time. 55 Club, Samuda Estate, Stewart Street, E14. 7538 3292

##### Toyhouse library

Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry Roberts Nursery, Harford Street, E1. 1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1. 9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

##### Yoga for pregnancy and mums and babies

Pregnancy class suitable from 14 weeks. Mums and babies classes suitable from six weeks. 07958 645978 [www.clareday-yoga.co.uk](http://www.clareday-yoga.co.uk)

#### Social

##### 3 Bees Café

Healthy vegetarian and fish dish, served for just £3, takeaways available. 7247 4283

Tuesdays, 4-8pm.

Kingsley Hall Community Centre, Powis Road, E3. 07501 468 193

##### Asian deaf/hard of hearing people drop-in times

Tues, 10am-1pm, free. Trinity Centre, Key Close, E1. 7790 8478 minicom 7791 0105

##### Birchfield OAPs club

Mon-Fri, 7-9.30pm; Weds, 1-4pm. 50 Saltwell Street, E14.

##### Fern Street Settlement Club

Fern Street, E3. 7987 1949

##### Golden Ladies

Pensioners group for bingo and social. Weds, 2-4pm. Dockland Settlements, 197 East Ferry Road, E14. 7987 6824

##### Little Spitz' under-5s playgroup

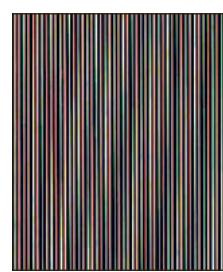
Sun, 10am-12pm, 50p. Tours and stories. Spitalfields City Farm, Buxton Street, E1. 7247 8762

##### Tower Hamlets U3A

Tower Hamlets University of the Third Age offer courses for over-50s to learn Tai Chi, jazz appreciation, art appreciation, history walking and more. £10 yearly membership.

Various days and times.

St Margaret's House Settlement, 21 Old Ford Road, E2. 7247 4283



## Tripping the light fantastic

Photographer Julian Abrams specialises in interior and architectural work. Driven by a passion for light, Abrams' work at The Arch focuses on sculptures made with LEDs.



City of London Festival.

A year on from the 50th anniversary event, the popular festival returns with a number of different arts, music and dance events at various venues including Liverpool Street station (above). Prices vary. Until July 23. [www.colf.org](http://www.colf.org)

#### Events

##### Fun at the Fete

Phoenix School's annual summer fete with hook a duck, face painting, bungee log run and much more. Free. Weds, Jun 26, 6.30-8.30pm Phoenix School, 49 Bow Road, E3. [www.phoenix.towerhamlets.sch.uk](http://www.phoenix.towerhamlets.sch.uk)

##### St Peter's-tide weekend activities

School procession from St Peter's London Docks School, Garnet Street, E1W from 2pm,

Fri, Jun 28; school fete with

bouncy castle, barbecue, games and more, Sat, Jun 29, 12-3pm; mass at St Peter's London Docks Church, Wapping Lane, E1W followed by parish lunch, Sun, Jun 30 from 11am.

#### Exhibitions

##### Bow Arts Open Studios

Open event where residents can chat with artists while they work. Includes arts festival with food, drink and performances. Free. Sat & Sun, Jun 29 & 30, times vary. Bow Arts, 183 Row Road, E3. [www.bowarts.org](http://www.bowarts.org)

#### Treasure

Two large paintings from artist Adam Bridgland plus two workshops where black and white murals can be painted in by visitors. Free. Fri, Jun 28-Sun, Jul 28, times vary. Idea Store Whitechapel, 321 Whitechapel Road, E1. [www.ideastore.co.uk](http://www.ideastore.co.uk)

#### ArcFrequency-Part I

Photographic prints from Julian Abrams that look at the

composition and geometry in light; using LEDs six sculptures have been produced. Free.

Until Thurs, Jun 27, times vary. The Arch, Hoxton Gallery, 9 Kingsland Road, E2. [www.hoxtongallery.com](http://www.hoxtongallery.com)

#### Film

##### Pussy Riot - A Punk Prayer

Screening of the documentary about the Russian feminist punk band who had three members arrested and jailed on charges of hooliganism. This film takes you behind the scenes to find out who the singers really are – includes Q&A with one of the film's directors, Mike Lerner. £7 (£5 concs).

Thurs, Jun 27, 8pm.

Rich Mix, 35-47 Bethnal Green Road, E1. [www.dochouse.org](http://www.dochouse.org)

#### Music

##### Loved Ones

Performance from the Liverpool electronic band, who have toured with Django Django and Liars, as they prepare to launch their debut album, The Merry Monarch. £5. [www.space.org.uk](http://www.space.org.uk)

Tues, Jun 25, 7.30pm. Sebright Arms, 34 Coate Street, E2. [www.sebrightarms.co.uk](http://www.sebrightarms.co.uk)

#### Talk

##### The Story Collider

Six speakers take the microphone to share touching, absurd and funny personal stories about science that changed their lives. Free. Tues, Jun 25, 6.30pm. Barts Pathology Museum, West Smithfield, EC1. <http://bartspathology.eventbrite.co.uk>

#### Theatre

##### The Decorator

StoneCrabs Theatre presents a Brazilian take on Donald Churchill's much-loved farce about seduction, revenge and mistaken identity. £14 (£10 concs). Tues-Sat Jun 25-29, 7.45pm. The Space, 269 Westferry Road, E14.

[www.space.org.uk](http://www.space.org.uk)

If you have a date for our Out and About diary, send the details to [eastendlife.news@towerhamlets.gov.uk](mailto:eastendlife.news@towerhamlets.gov.uk)



Celebrate 4th July in London's first Independence Day 5km and 10km runs. The route is flat, professionally mapped out and winds past canals and rivers.

Every entry includes chip timing, medal and a t-shirt.

#### Sign up today

T: 01372 220022

E: anna.thomas@rainbowtrust.org.uk

[rainbowtrust.org.uk/independence](http://rainbowtrust.org.uk/independence)



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## Welcome to the neighbourhood

This summer, the Southbank Centre will be turned into one of London's friendliest neighbourhoods with events, free activities, markets, gardens and spaces to relax with friends and family.

[WWW.SOUTHBANKCENTRE.CO.UK/WHATSON](http://WWW.SOUTHBANKCENTRE.CO.UK/WHATSON)

### Out & About

# Festival promises 14 days of heaven for film lovers

BY TOM SHEEN

**THE East End Film Festival is back and bigger than ever as it stretches over two weeks for the first time in its 12-year history.**

Famed for bringing new films and documentaries to audiences, this year's event boasts 16 world premieres, two European premieres and 28 UK premieres and 20 London premieres.

The festival focuses on first- and second-time film-makers.

Artistic director Alison Pollock said: "The festival has undergone some seismic movements, but none more so than this year.

"It is two weeks of the best cutting-edge voices in cinema, found in the less obvious places – a mixture of art, music and political discourse."

The festival opens with a



A scene from Lovelace

screening of The UK Gold.

Narrated by The Wire's Dominic West and featuring music from Radiohead's Thom Yorke and Massive Attack's Robert Del Naja, the documentary follows a battle between a vicar from Hackney and a political and financial heavyweight, revealing the City's role

as one of the tax avoidance capitals of the world.

It features interviews with investigative journalist Nicolas Shaxson, Private Eye's Richard Brooks and Channel 4 News presenter Jon Snow. Playing at The Troxy in Limehouse, the gala screening will be followed by a special musical performance.



Jon Snow in The UK Gold

Closing night features the UK premier of Lovelace, a feature on the tragic story of Linda Lovelace, the infamous adult actress of the 1970s.

Other highlights are Indian feature Miss Lovely, which follows two brothers in Mumbai's trashy movie scene and A Field in England, from contro-

## Get out the popcorn

The East London Film Festival runs from June 25 to July 10. For more details and a full programme, visit...

[WWW.EASTENDFILMFESTIVAL.COM](http://WWW.EASTENDFILMFESTIVAL.COM)

### News in brief

#### Festival hits Wharf

THE Greenwich and Docklands International Festival continues apace this week with the action heading to Canary Wharf.

The financial district will become home to a high-class troupe of dancers and acrobats, for Dancing City.

The UK's largest annual programme of outdoor dance, it brings together every dance form. There will be daily lunchtime performances during the week on the giant stage.

On Saturday, the action takes place simultaneously across the whole area with a great mix of styles including French urban dances and a rare outdoor performance from the English National Ballet.

The festival continues until June 29. For more information, visit [WWW.FESTIVAL.ORG](http://WWW.FESTIVAL.ORG)

#### Dock singers' show

THE London Docklands Singers return to perform several well-known choruses this week.

The choir, led by musical director and composer Andrew Campling, will perform songs from Rossini's Barber of Seville, Verdi's Chorus of Hebrew Slaves and Bizet's Habanera, as well as music from Borodin, Tchaikovsky and Rimsky-Korsakov.

LDS are also undergoing changes behind the scenes with long-time manager Amelie Handke standing down.

A Night at the Opera takes place from 7.30pm on Saturday, June 29 at All Saints Church, Newby Place, Poplar.

Tickets cost £12 (£9 for concessions). Visit [WWW.LONDONDOCKLANDSSINGERS.ORG](http://WWW.LONDONDOCKLANDSSINGERS.ORG)

## Kasabian and the Boss set to rock the Olympic Park

**THIS weekend the Queen Elizabeth Olympic Park will open its doors and let in members of the public on a large-scale for the first time since the end of last year's Paralympic Games.**

Thousands of people will descend on Stratford for Hard Rock Calling, a huge festival that was previously held in Hyde Park.

Kasabian headline the show as they play their only UK festival of the summer. The Boss,



Kasabian



Bruce Springsteen

## A chance to play at Electric Daisy Carnival

THE people behind one of the biggest festivals London will see this summer are offering London talent the chance to play in front of thousands at the Queen Elizabeth Olympic Park.

Insomniac Events, who will bring Electric Daisy Carnival, Las Vegas' biggest music festival, to the East End will be running the Discovery Project giving one talented DJ or producer the chance to play.

To enter the competition submit your latest original track and a 30-minute DJ mix.

For more information and to enter the competition visit [WWW.DISCOVERYPROJECT.COM/DP\\_LONDON](http://WWW.DISCOVERYPROJECT.COM/DP_LONDON) and enter before Monday, July 1.

Electric Daisy Carnival takes place on Saturday, July 20 at the Olympic Park

Visit [WWW.ELECTRICDAISYCARNIVAL.CO.UK](http://WWW.ELECTRICDAISYCARNIVAL.CO.UK) for ticketing details and the full line-up.

## Win tickets and pick your show

### READER OFFER

**THE Southbank Centre is offering East End Life readers the chance to win one of two family tickets to the Festival of Neighbourhood, with a choice to go to one of three great shows.**

Running throughout July and August, the festival has a range of dance, circus, theatre and comedy for adults and children.

It will present the UK premiere of Cirque Alfonse, a log-balancing, wood-chucking, axe-juggling spectacular from a family of lumberjack circus performers.

The Queen's Knickers is a classic comedy for kids, as the audience and cast try to discover where the Queen's undergar-

ments have gone. The final choice is for ZooNation's Groove on Down the Road, a unique hip hop journey into the wonderful world of Oz. This is the world premiere of the show from the award-winning ZooNation Dance Company.

To be in with a chance of winning two adult and two children's tickets, put your name and phone number in an email to [eastendlife.news@towerhamlets.gov.uk](mailto:eastendlife.news@towerhamlets.gov.uk) with 'Southbank Comp' in the subject line

or on a postcard to Southbank Competition, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG.

Entries must arrive before Sunday, May 30 and should state which show you want to attend. Winners will be notified on Tuesday, July 2.

#### Comedy cancelled

BRICK Lane Comedy Festival has been cancelled after meeting with opposition from community groups.

The festival was due to bring big names such as Al Murray, Alan Davies and Ed Byrne to Allen Gardens, but residents were concerned the festival would add to anti-social behaviour in the area.

All ticket holders will receive a refund.



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See [www.tfl.gov.uk/PrudentialRideLondon](http://www.tfl.gov.uk/PrudentialRideLondon) for details.

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Bus: 25, 254, 205

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Eating out, eating in

# Poppies' perfect portion

Fresh fish, crispy chips and silver service with a smile

BY HUNGRY HIPPO

**POPPIES has become a must-visit destination in the past couple of years, forging a reputation as one of the best chippies in London.**

In fact, so good are their fish and chips that the restaurant was a finalist in the National Fish & Chip Awards 2013, putting it in the top three in the UK.

Some small restaurants struggle to keep up their reputation after basking in such glory, substituting quality for greater output as they become more popular.

But Poppies does not suffer from this problem.

Decked out in nostalgic pictures and décor, giving it a feel of the 'old' East End, the restaurant is always busy, the food is still excellent and the staff are an absolute pleasure to deal with.

I skipped starters but my dining partner opted for a cod fishcake, so good, she said, that she wished she'd have got one for her main course.

She was soon to be proved wrong on that count after ordering her plaice and chips.

The food comes out quickly at Poppies, but rather than being a worrying sign that the food is there waiting for you, it adds to the freshness of the fish and chips and proves that the restaurant, and takeaway, is heaving.

Her plaice was huge and she enjoyed every mouthful of it, the batter being



Poppies is forging a reputation as one of the best chippies in London

crisp and not too greasy, with the fish expertly cooked inside. The chips are beautiful as well, not greasy, but soft on the inside and crispy on the outside.

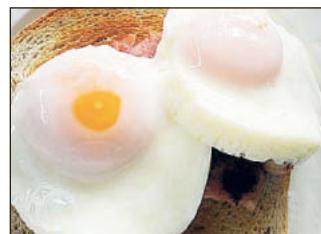
Not being a fan of fish (I know, I know) I had a steak pie and chips with a side order of mushy peas and a slice of bread and butter. All were excellent.

We somehow managed to make room for dessert. I had a lovely sticky toffee pudding and my partner an apple pie that was also great.

Finally a word on the service, the waiters are constantly moving around the tables, making sure everything is perfect. Each are genuinely friendly and care about the experience you are getting.

Poppies came to £50 for two, including drinks, for a three-course meal and sides – excellent value for the quality on display. Highly recommended.

Poppies is at 6-8 Hanbury St, E1.  
Tel: 7247 0892



**BREAKFAST is a great way to begin the day.**

Your body will need to have its energy levels topped up as you will have been asleep and without food for quite a while.

Eggs are an ideal breakfast food as they contain protein, vitamins and minerals.

This breakfast will help to keep you feeling full during

the morning so you won't be tempted to eat unhealthy snacks before lunchtime.

### The healthy 'fry-up' – serves 2

#### Ingredients

75ml 100% unsweetened orange juice, top up with sparkling/still water and add slices of lemon or orange.	2 fresh tomatoes or half a tin of plum tomatoes
4 medium free range eggs	4 slices granary bread
4 rashers of turkey bacon	1 tbsp vinegar
1 tin of baked beans	1 tbsp low fat spread
Optional: 1 clove crushed garlic (to add to tomatoes)	

#### Method

1. To poach the eggs, add boiling water and vinegar to a medium sized pan, place on a medium heat, and stir quickly with a spoon, crack eggs and place individually in pan.
2. Grill turkey bacon on a medium heat until cooked.
3. Heat up tinned plum tomatoes in a pan on a medium heat for 2 minutes or slice fresh tomatoes in two. Optional: grill the fresh tomatoes with the garlic on top.
4. Heat baked beans on a medium temperature for 2 minutes in a pan.
5. Place bread in toaster, allow to cool, add a thin layer of low fat spread to each slice.
6. Once all food is cooked, serve with the small glass of orange juice diluted with water.

By Kate Sparkes,  
associate nutritionist,  
Barts Health NHS Trust



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## Local Housing Allowance Rates

**April 2013**

Type of Accommodation

Local Housing Allowance

* Shared Accommodation	£94.38 per week
1 Bedroom	£245.00 per week
2 Bedroom	£296.38 per week
3 Bedroom	£347.48 per week
4 Bedroom & above	£408.80 per week

\*The shared accommodation rate will be used for single people under 35 years of age and single tenants/couples who only have exclusive use of one room and shares other facilities.





## Third year of improving homes

The council has committed to improving around 8,500 homes through the Decent Homes programme with funding from the government via the Homes and Communities Agency.

[WWW.HOMESANDCOMMUNITIES.CO.UK](http://WWW.HOMESANDCOMMUNITIES.CO.UK)

SEE BELOW

## Property

# Celebrating Decent Homes

BY STAFF REPORTER

**RESIDENTS across Tower Hamlets have been celebrating the completion of Decent Homes works in their areas.**



The investment in improving thousands of properties is part of a £181 million programme that will see every council home in the borough receive improvements, including a new kitchen and bathroom.

The celebrations – on the Rogers Estate in Bethnal Green on June 8 and on Will Crooks Estate in Poplar on June 2 – were sponsored by Decent Homes contractor Apollo, in partnership with Mayor Lutfur Rahman and Tower Hamlets Homes.

The events were attended by more than 500 residents and featured DJs, bouncy castles, face painting, BBQs, and arts and crafts.

Mayor Rahman, who attended both days, said: "At events like this, it's great to hear from residents how the Decent Homes works have had such a real positive impact on their lives.

"It isn't just about new kitchens and bathrooms – we're creating hundreds of decent jobs for local residents, recruit-

ing 240 apprentices and creating neighbourhoods people can be proud of."

As part of the works, the Splash Community Centre in Poplar was refurbished – creating a new, larger kitchen space that can be used for training.

Poplar resident and centre volunteer Sister Christine Frost said: "Everyone was extremely happy and there was a very happy sense around the estate.

"So many people in the area have benefited from the Decent Homes programme and the works carried out to the Splash Community Centre will create fantastic opportunities for local people to learn new skills."

The programme is entering its third year – more details at [www.towerhamletshomes.org](http://www.towerhamletshomes.org)



(Left) The mayor chats to youngsters (Above) Tug-of-war fun

## Evicted for dog nuisance

**A RESIDENT has been evicted by housing association Poplar Harca after her two dogs caused serious problems for neighbours in the Dod Street area.**

The dogs had been let loose in communal areas around Charlesworth House on numerous occasions and had bitten a resident.

Poplar Harca's anti-social behaviour (ASB) team worked with residents, police and the council's animal warden service to obtain an anti-social behaviour injunction on the tenant, prohibiting her from keeping dogs on the property.

When she failed to remove her dogs, the tenant was arrested and taken to court. She was given a two-week suspended jail sentence and, as a result, Poplar Harca was granted an eviction.

The action comes at a time when new legislation around anti-social behaviour reforms for irresponsible dog ownership is being debated by a cross-party committee.

It is estimated that more than 200,000 people in England are bitten by dogs each year,

according to the British Medical Journal.

Poplar Harca's head of ASB Jamie Lock said: "We urge other residents to take pet ownership seriously. Eviction is a last resort, but we will take action if residents are at risk.

"We worked closely with neighbours in Charlesworth

House on this case, and their reports and continued support made it possible for us to get a resolution on their behalf."

Sergeant Wayne Collett from the Harca policing team said: "This is a great example of how the new partnership team at Poplar Harca is working together to get results for our residents."

**London Borough of Tower Hamlets**

**UNITS TO LET**  
at  
**St George's Town Hall**  
**Cable Street,**  
**London E1**

**Please call**  
**020 7364 4084**  
**for details**



website: [londondockconsultation.co.uk](http://londondockconsultation.co.uk)  
email: [info@londondockconsultation.co.uk](mailto:info@londondockconsultation.co.uk)  
tel: 0800 319 6958

### INVITATION TO AN EXHIBITION OF THE LONDON DOCK PLANNING APPLICATION AND TOWER HAMLETS COMMUNITY FORUM

St George Central London would like to invite you to an exhibition of the planning application that has been submitted for London Dock. This event will provide an opportunity to view the submitted application documents and speak with the project team.

Planning officers from the London Borough of Tower Hamlets will also be in attendance at the specified times to discuss the application and answer questions.

#### EXHIBITION DATES

**SATURDAY 29th JUNE 2013**

11.00 AM-4.00 PM  
Planning officer present from 3pm - 4pm

**TUESDAY 2nd JULY 2013**

1.00 PM-8.00 PM  
Planning officer present from 4pm - 5pm

**WEDNESDAY 3rd JULY 2013**

11.00 AM-6.00 PM  
Planning officer present from 4pm - 5pm

#### COMMUNITY FORUM

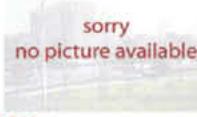
The London Borough of Tower Hamlets would also like to invite you to a Community Forum where the application will be discussed in more detail. This event will be chaired by Tower Hamlets planning officers and take place at the Pennington Street Warehouse on:

**THURSDAY 4TH JULY 2013**  
6.30 PM-8.30 PM

All events take place at Pennington Street Warehouse at the corner of Virginia Street and Pennington Street, London E1W 2BB.



For more detailed information about the following adverts please visit the Homesseekers website at [www.thhs.org.uk](http://www.thhs.org.uk)

 <p><b>SHELTERED</b> Accessible Category D <b>MOSQUE TOWER, FIELDGATE STREET, E1</b> Flat • 1 Bed 1 Person • 2nd floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • Electric radiators • No garden • Pets not permitted</p> <p>Eligibility : Min Client Age 60</p> <p>£147.36, Weekly - Social Rent Landlord: Gateway Housing Association</p> <p>Property Ref: 27230</p>	 <p><b>SHELTERED</b> Accessible Category E <b>EDITH RAMSAY HOUSE, DUCKETT STREET, E1</b> Flat • 0 Bed 1 Person • 2nd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted</p> <p>Eligibility : Min Client Age 60</p> <p>£137.04, Weekly - Social Rent Landlord: Gateway Housing Association</p> <p>Property Ref: 27253</p>	 <p><b>SHELTERED</b> Accessible Category E <b>ROCHESTER COURT, WILMOT STREET, E2</b> Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted</p> <p>Eligibility : Min Client Age 60</p> <p>£148.39, Weekly - Social Rent Landlord: Gateway Housing Association</p> <p>Property Ref: 27278</p>	 <p><b>SHELTERED</b> Accessible Category D <b>PEBBLE CENTRE, WARNER PLACE, E2</b> Flat • 1 Bed 2 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted</p> <p>Eligibility : Min Client Age 60</p> <p>£166.15, Weekly - Social Rent Landlord: Circle 33 HA</p> <p>Property Ref: 27237</p>	 <p><b>OVER 50's</b> Accessible Category G <b>MING STREET, E14</b> Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • Electric radiators • No garden • Pets not permitted</p> <p>Eligibility : Min Client Age 50</p> <p>£94.34, Weekly - Social Rent Landlord: Southern Housing Group</p> <p>Property Ref: 27255</p>
 <p><b>OVER 50's</b> Accessible Category G <b>GROVE HALL COURT, JEBB STREET, E3</b> Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted</p> <p>Eligibility : Min Client Age 55</p> <p>£116.31, Weekly - Social Rent Landlord: Southern Housing Group</p> <p>Property Ref: 27229</p>	 <p><b>BEDSIT SELF-CONTAINED FLAT</b> Accessible Category F <b>DISCOVERY HOUSE, NEWBY PLACE, E14</b> Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£87.29, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 27272</p>	 <p><b>BEDSIT SELF-CONTAINED FLAT</b> Accessible Category F <b>RAPLEY HOUSE, TURIN STREET, E2</b> Flat • 0 Bed 1 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£96.99, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 27241</p>	 <p><b>1 BEDROOM</b> Accessible Category F <b>FROSTIC WALK, E1</b> Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£123.19, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 27228</p>	 <p><b>1 BEDROOM</b> Accessible Category D <b>NEUTRON TOWER, BLACKWALL WAY, E14</b> Flat • 1 Bed 2 Person • 5th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted</p> <p>£160.05, Weekly - Social Rent Landlord: Genesis Housing Association</p> <p>Property Ref: 27267</p>
 <p><b>1 BEDROOM</b> Accessible Category F <b>MATILDA HOUSE, ST KATHARINES WAY, E1W</b> Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • Check heating on viewing • No garden • Pets not permitted Tenancy involvement expected : See TMO information</p> <p>£103.78, Weekly - Social Rent Landlord: Stephen &amp; Matilda Co-op</p> <p>Property Ref: 27276</p>	 <p><b>1 BEDROOM</b> Accessible Category G <b>ANTENOR HOUSE, OLD BETHNAL GREEN ROAD, E2</b> Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets not permitted</p> <p>£118.74, Weekly - Social Rent Landlord: Tower Hamlets Community Housing</p> <p>Property Ref: 27236</p>	 <p><b>1 BEDROOM</b> Accessible Category F <b>BOW COMMON LANE, E3</b> Flat • 1 Bed 2 Person • 3rd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£122.68, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 27254</p>	 <p><b>1 BEDROOM</b> Accessible Category F <b>WINCHESTER HOUSE, MERCHANT STREET, E3</b> Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£114.24, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 27262</p>	 <p><b>2 BEDROOMS</b> Accessible Category F <b>RING HOUSE, SAGE STREET, E1</b> Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£109.17, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 27263</p>
 <p><b>2 BEDROOMS</b> Accessible Category F <b>MOODY STREET, E1</b> Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£114.36, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 27261</p>	 <p><b>2 BEDROOMS</b> Accessible Category F <b>ORION HOUSE, COVENTRY ROAD, E1</b> Maisonette • 2 Bed 4 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£121.83, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 27274</p>	 <p><b>2 BEDROOMS</b> Accessible Category F <b>ORION HOUSE, COVENTRY ROAD, E1</b> Maisonette • 2 Bed 3 Person • 1st floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£121.83, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 27275</p>	 <p><b>2 BEDROOMS</b> Accessible Category F <b>ST LEONARDS ROAD, E14</b> Maisonette • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets permitted</p> <p>£132.68, Weekly - Social Rent Landlord: Poplar HARCA</p> <p>Property Ref: 27268</p>	 <p><b>2 BEDROOMS</b> Accessible Category F <b>ELM HOUSE, EAST FERRY ROAD, E14</b> Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted</p> <p>£127.78, Weekly - Social Rent Landlord: One Housing Group</p> <p>Property Ref: 27242</p>
 <p><b>2 BEDROOMS</b> Accessible Category F <b>STAINSBY ROAD, E14</b> Flat • 2 Bed 4 Person • 1st floor • Open plan kitchen • No Lift • Bathroom with W/C • GCH • Balcony • Pets not permitted</p> <p>£127.65, Weekly - Social Rent Landlord: East Thames Group</p> <p>Property Ref: 27257</p>	 <p><b>2 BEDROOMS</b> Accessible Category F <b>CABLE STREET, E1W</b> Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£143.53, Weekly - Social Rent Landlord: EastendHomes</p> <p>Property Ref: 27238</p>	 <p><b>2 BEDROOMS</b> Accessible Category F <b>WHITETHORN HOUSE, PRUSOM STREET, E1W</b> Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£114.46, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 27227</p>	 <p><b>2 BEDROOMS</b> Accessible Category F <b>STOCKTON HOUSE, ELLSWORTH STREET, E2</b> Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£112.32, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 27239</p>	 <p><b>2 BEDROOMS</b> Accessible Category F <b>YATES HOUSE, ROBERTA STREET, E2</b> Maisonette • 2 Bed 4 Person • 3rd floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£114.96, Weekly - Social Rent Landlord: Tower Hamlets Council</p> <p>Property Ref: 27233</p>

 <p><b>2 BEDROOMS</b> Accessible Category E <b>GEORGE LOVELESS HOUSE, DISS STREET, E2</b> Flat • 2 Bed 4 Person • 8th floor • Separate kitchen • Two lifts • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£118.59, Weekly - Social Rent Landlord: Tower Hamlets Council Property Ref: 27244</p>	 <p><b>2 BEDROOMS</b> Accessible Category F <b>BERKELEY HOUSE, WELLINGTON WAY, E3</b> Flat • 2 Bed 4 Person • 17th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • Electric storage heater • No garden • Pets permitted</p> <p>£137.14, Weekly - Social Rent Landlord: EastendHomes Property Ref: 27234</p>	 <p><b>3 BEDROOMS</b> Accessible Category F <b>OLD CHURCH ROAD, E1</b> Maisonette • 3 Bed 5 Person • Ground Floor • Kitchen diner • No Lift • Entryphone • Separate Bathroom and W/C • GCH • Private garden • Pets permitted</p> <p>£131.63, Weekly - Social Rent Landlord: Tower Hamlets Council Property Ref: 27235</p>	 <p><b>3 BEDROOMS</b> Accessible Category F <b>WELTON HOUSE, STEPNEY WAY, E1</b> Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets permitted</p> <p>£126.94, Weekly - Social Rent Landlord: Tower Hamlets Council Property Ref: 27247</p>	 <p><b>3 BEDROOMS</b> Accessible Category F <b>WOOSTER GARDENS, E14</b> House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • Check heating on viewing • Private garden • Pets permitted</p> <p>£146.00, Weekly - Social Rent Landlord: Poplar HARCA Property Ref: 27269</p>
 <p><b>3 BEDROOMS</b> Accessible Category F <b>MEYRICK HOUSE, BURGESS STREET, E14</b> Flat • 3 Bed 6 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>£148.00, Weekly - Social Rent Landlord: Poplar HARCA Property Ref: 27270</p>	 <p><b>3 BEDROOMS</b> Accessible Category F <b>PRIORY STREET, E3</b> House • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets permitted</p> <p>£159.23, Weekly - Social Rent Landlord: Poplar HARCA Property Ref: 27260</p>	 <p><b>3 BEDROOMS</b> Accessible Category F <b>FAIRLIE COURT, STROUDLEY WALK, E3</b> Flat • 3 Bed 5 Person • 1st floor • Kitchen diner • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Pets permitted</p> <p>£184.69, Weekly - Social Rent Landlord: Poplar HARCA Property Ref: 27277</p>	 <p><b>3 BEDROOMS</b> Accessible Category F <b>COMPTON CLOSE, WATTS GROVE, E3</b> Flat • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C and Additional W/C • GCH • Private garden • Pets not permitted</p> <p>£133.92, Weekly - Social Rent Landlord: Gateway Housing Association Property Ref: 27259</p>	 <p><b>4 BEDROOMS</b> Accessible Category F <b>LOUISE DE MARILLAC HOUSE, SMITHY STREET, E1</b> Maisonette • 4 Bed 6 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted</p> <p>Eligibility : Transfer List £138.44, Weekly - Social Rent Landlord: Tower Hamlets Council Property Ref: 27273</p>
 <p><b>5 BEDROOMS</b> Accessible Category D <b>LETCHFORD HOUSE, THOMAS FYRE DRIVE, E3</b> Maisonette • 5 Bed 9 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C and Additional W/C • Electric storage heater • No garden • Car free home • Pets not permitted</p> <p>£164.07, Weekly - Social Rent Landlord: Genesis Housing Association Property Ref: 27264</p>	<h1>AFFORDABLE RENT PROPERTIES</h1>	<p>Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.</p>	<p><b>Please note the rent level and length of tenancy offered on the following homes. You are advised to check the Homesseekers website at <a href="http://www.thhs.org.uk">www.thhs.org.uk</a> for further information.</b></p>	

## Reminder

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes.  
This causes a nuisance and may distress some individuals.

 <p><b>Accessible Category F</b> <b>HARFORD STREET, E1</b> Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted</p> <p>£207.12, Weekly - Affordable Rent Landlord: Gateway Housing Association Property Ref: 27258</p>	 <p><b>Accessible Category F</b> <b>DUCKETT STREET, E1</b> Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets not permitted</p> <p>£207.12, Weekly - Affordable Rent Landlord: Gateway Housing Association Property Ref: 27252</p>	 <p><b>Accessible Category G</b> <b>GREEN DRAGON YARD, E1</b> Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Car free home • Pets not permitted</p> <p>2 - 5 Year Fixed Term Tenancy</p> <p>£172.00, Weekly - Affordable Rent Landlord: One Housing Group Property Ref: 27271</p>	 <p><b>Accessible Category E</b> <b>SCARBOROUGH STREET, E1</b> Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Shared garden • Pets not permitted</p> <p>£207.12, Weekly - Affordable Rent Landlord: Gateway Housing Association Property Ref: 27256</p>
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 <p><b>Accessible Category F</b> <b>SPEY STREET, E14</b> Flat • 0 Bed 1 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Balcony • Pets permitted</p> <p>£96.63, Weekly - Affordable Rent Landlord: Poplar HARCA Property Ref: 27265</p>	 <p><b>Accessible Category G</b> <b>GREAVES COTTAGES, MAROON STREET, E14</b> Flat • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets not permitted</p> <p>Eligibility : Transfer List</p> <p>£209.76, Weekly - Affordable Rent Landlord: Circle 33 HA Property Ref: 27240</p>	 <p><b>Accessible Category G</b> <b>COLUMBIA ROAD, E2</b> Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • GCH • No garden • Pets not permitted</p> <p>£203.56, Weekly - Affordable Rent Landlord: Guinness South Property Ref: 27232</p>	 <p><b>Accessible Category F</b> <b>MCBRIDE HOUSE, LIBRA ROAD, E3</b> Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets not permitted</p> <p>5 Year Fixed Term Tenancy</p> <p>£150.84, Weekly - Affordable Rent Landlord: OLD FORD HA Property Ref: 27246</p>	 <p><b>Accessible Category G</b> <b>WAVERTON HOUSE, JODRELL ROAD, E3</b> Flat • 2 Bed 4 Person • 6th floor • Separate kitchen • Two lifts • Entryphone • Own bathroom • GCH • No garden • Pets not permitted</p> <p>5 Year Fixed Term Tenancy</p> <p>£196.99, Weekly - Affordable Rent Landlord: OLD FORD HA Property Ref: 27250</p>
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## AFFORDABLE RENT PROPERTIES continued

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life. Please note the rent level and length of tenancy offered on the following homes.  
You are advised to check the Homesearchers website at [www.thhs.org.uk](http://www.thhs.org.uk) for further information.

	<b>Affordable Rent Property</b> <small>sorry no picture available</small> Accessible Category F ELTON HOUSE, CANDY STREET, E3 Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • Two lifts • Bathroom with W/C • GCH • No garden • Pets not permitted 5 Year Fixed Term Tenancy £147.69, Weekly - Affordable Rent Landlord: OLD FORD HA Property Ref: 27245		<b>Affordable Rent Property</b> <small>sorry no picture available</small> Accessible Category D METHODIST CHURCH, DRIFFIELD ROAD, E3 Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted 2 - 5 Year Fixed Term Tenancy £169.85, Weekly - Affordable Rent Landlord: One Housing Group Property Ref: 27231		<b>Affordable Rent Property</b> <small>sorry no picture available</small> Accessible Category G CLARE HOUSE, HAWTHORN AVENUE, E3 Flat • 2 Bed 4 Person • 16th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • Check heating on viewing • No garden • Pets not permitted 5 Year Fixed Term Tenancy £196.99, Weekly - Affordable Rent Landlord: OLD FORD HA Property Ref: 27251		<b>Affordable Rent Property</b> <small>sorry no picture available</small> Accessible Category G ELLESMERE ROAD, E3 Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • Check heating on viewing • Shared garden • Pets not permitted 5 Year Fixed Term Tenancy £150.84, Weekly - Affordable Rent Landlord: Circle 33 HA Property Ref: 27266
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### TMO's

**Tenant Management Organisations** (TMOs) are formed when tenants decide they want to take over the management of their homes. TMOs usually take the form of either a Tenant Management Co-operative (TMC) or an Estate Management Board (EMB).

When a TMO take over the management of an estate the Council still owns the homes and the tenants keep the same rights as other Council tenants.

Should you move to a property managed by a Tenant Management Organisation (TMO) you may be expected to contribute to the day to day running of the block & estate.

**TMO responsibilities can vary, but may include:**

- organising repairs
- deciding on caretaking and estate cleaning priorities
- collecting rent and managing arrears

- employing and managing staff and contractors
- looking after public gardens and other shared areas
- controlling any estate improvements
- providing advice and support to tenants.

Please be aware of this when bidding for a Tenant Management Organisation (TMO) property.

## Free Refurbishment for Landlords On All 1-5 Year Guaranteed Rent Packages



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- ➡ 0% Rent Loss During Contract
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T&C Applies\*



## CAMBRIDGE HEATH SIXTH FORM

A partnership of three outstanding schools,  
Morpeth, Oaklands and Swanlea Schools in  
Bethnal Green, London E2

### Partnerships Assistant

35 hours per week  
Required from September 2013  
Salary Scale 5 – £22,920 - £24,819  
Full time – all year round

Cambridge Heath Sixth Form is a popular and successful sixth form consortium of three outstanding schools in Tower Hamlets. The Sixth Form opened in September 2009 and has over 600 students. The Sixth form is fully inclusive, has 3 campuses as well as our sixth form building, the Wessex Centre. Students have access to all the facilities, support and expertise of the three schools. We are looking for a dynamic and proactive graduate to work with our Partnerships Manager in developing and sustaining successful partnerships with our business and university partners to enrich the experiences of our sixth form students.

**Please contact:** Sabina Begum for an application pack on 0207 791 7350 or email: [sbegum271.211@lgfmail.org](mailto:sbegum271.211@lgfmail.org)

Please visit our website [www.cambridgehealth.towerhamlets.sch.uk](http://www.cambridgehealth.towerhamlets.sch.uk)  
This post is subject to an enhanced CRB disclosure.

**Closing date:** 12 noon on 5th July 2013  
Interviews will take place during the following week.



## Globe Primary School

Gawber Street, London E2 0JH  
Telephone: 020 8980 1738  
[www.globeschool.org.uk](http://www.globeschool.org.uk)

Globe School is a happy, inclusive and successful primary school in Bethnal Green. We have a 45 place reception and a 36 place nursery.

We are looking to appoint a nursery nurse to work in either our nursery or reception class, starting in September 2013.

Candidates must have:

- a NNEB or NVQ L3 qualification or equivalent
- at least three years experience of working in a nursery school or a nursery or reception class in a primary school
- exemplary spoken and written English
- a thorough and up to date knowledge of the EYFS curriculum and assessment procedures.
- the ability to successfully teach early reading skills in a vibrant and exciting manner

For an information pack and application form, please contact Jacqy Rogers by email at [office@globe.towerhamlets.sch.uk](mailto:office@globe.towerhamlets.sch.uk) or telephone 020 8980 1738.

**Closing date:** Friday, 28th June 2013

### Come and join us.

Globe School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Successful applicants will undertake an enhanced criminal record check via the Criminal Records Bureau.

We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.



## CAMBRIDGE HEATH SIXTH FORM – MORPETH CAMPUS



### SIXTH FORM ACADEMIC MENTORS

Full time (35 hours per week), all year round or term time only plus three weeks | Required from mid-August 2013 for 1 year | Scale 4 (£20,460)

Morpeth School is part of Cambridge Heath Sixth Form, a popular and successful consortium of three outstanding schools in Tower Hamlets. Next year we expect to have approximately 300 sixth form students based at Morpeth studying A levels or BTECs.

We are looking for well qualified graduates to join our team of Academic Mentors. You will support and challenge our sixth form students, helping them to become excellent independent learners at all levels from AS and A2.

**Subject areas:**

- Biology and Chemistry
- Maths and/or Physics
- Economics, Business & ICT.

You will be encouraged to contribute to our enrichment programme and to be involved in the wider development of our sixth form. Applicants will have experience of working with young people and a belief in their ability to succeed.

**Closing date:** Noon on Friday 5th July with interviews the following week.

For further details and application form, see the school website [morpethschool.org.uk](http://morpethschool.org.uk) or if necessary email [eingleis@morpeth.towerhamlets.sch.uk](mailto:eingleis@morpeth.towerhamlets.sch.uk) or phone 020 8981 0921.

Successful candidates must abide by our Safeguarding Children policy and undergo an enhanced DBS check.

**Please turn to page 9 of the education supplement for apprenticeship opportunities.**

**To place your advert in East End Life, call Chris on 7364 4994, Laura on 7364 0946 or Fatima on 7364 4623**



## INTRODUCTION TO SUPPORT WORK IN SCHOOLS

Are you interested in developing a career as a Teaching Assistant?  
Need to gain qualifications and experience?

Tower Hamlets Support for Learning Service in partnership with LBTH Skillsmatch offers a 16-week part-time course (15 hours per week) with work placements in schools.

To find out more, and apply for a place on the course please come along to one of the information sessions to be held on:

**Wednesday 10th July at 2:00pm or Thursday 11th July at 10:00am at Skillsmatch, 8 Heron Quays, Canary Wharf, London E14 4JB**

It is very important that you arrive on time, as late admittance will not be accepted. The information sessions last for up to 2 hours. This is a very popular course so please arrive early to avoid disappointment.

At this induction session you will have the opportunity to complete a course application form and ask questions about the qualification and job opportunities available - unfortunately we do not send application forms out by post.

Applicants must be a resident of Tower Hamlets, over the age of 18 and must be available for the full duration of the 16-week. You should also have a good standard of literacy and numeracy skills, with GCSE English and Maths grades A to C (or equivalent) and clearly spoken English. Please bring your CV and education certificates along, as this will assist you in completing the application form.

We are committed to safeguarding and promoting the welfare of children and young people and expect all learners to share this commitment. Therefore, all successful applicants will need to undertake an enhanced criminal record check via the Criminal Records Bureau.

020 7364 0626



National Training Awards  
UK Winner 2010

SUPPORTED BY  
**MAYOR OF LONDON**





**Primary School**  
Wellington Way, London E3 4NE

## Midday Meals Supervisor

5 hours per week, term time only, Scale: MSP1

We are looking for an enthusiastic Midday Meals Supervisor to join the friendly and hard-working team at our exciting and vibrant school. You will have experience of working with children (preferably in a school setting), a passion for child-centred learning through play, be adaptable and well organised, have excellent communication skills and good basic skills in English and Maths.

We can offer you the opportunity to work with fantastic children and an effective and dedicated team, with the support of enthusiastic governors and parents. We provide excellent opportunities for furthering your professional development and a chance to make a real difference to our school.

For an application pack, please e-mail the school:  
[recruitment@wellington.towerhamlets.sch.uk](mailto:recruitment@wellington.towerhamlets.sch.uk)

Closing date: 12.00 noon, Wednesday 3rd July, 2013

Interviews: Wednesday 10th July, 2013

To discuss the post further, please telephone  
Linda Prutton, on 020 8980 2413.

Wellington School is committed to the safeguarding and welfare of our children and young people and expects all our staff and volunteers to share this commitment.

All posts are subject to an enhanced DBS check.

We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.

## Did you know...

**you could place a recruitment ad with East End Life for as little as**

**£90 + VAT?**



London Borough of Tower Hamlets  
**MORPETH SCHOOL**  
Portman Place, E2 0PX

### ACADEMIC COACH – KS3 & KS4

35 hours per week term time only

Required from September 2013 for 1 year

NJC Scale 4 £20,460pa (actual monthly salary £1,460)

Morpeth School is a popular, fully inclusive 11-19 comprehensive school located in Bethnal Green. We are looking to appoint Academic Coaches in English and Maths. The role will entail supporting the learning and raising the attainment of pupils at KS3 and KS4 in numeracy/Maths or literacy/English. Applicants will be good honours graduates in Maths or English with a high level of academic literacy.

**Closing date: Noon on Fri 5th July.**

**For further details and application form** please see the school website [www.morpethschool.org.uk](http://www.morpethschool.org.uk) or if necessary email [einglis@morpeth.towerhamlets.sch.uk](mailto:einglis@morpeth.towerhamlets.sch.uk) or phone 020 8981 0921.

Successful candidates will be required to abide by the school's Safeguarding Children policy and undergo an enhanced DBS check.

## Career Opportunities



All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



### Communications Adviser – Public Health

Chief Executive's Directorate

Ref: CHE00169

£35,055 - £37,851

per annum

### YOT Community Supervision Team Manager

Education, Social Care and Wellbeing Directorate

Ref: ESW00109

£31,935 - £38,733

per annum

### School Social Worker

Education, Social Care and Wellbeing Directorate

Ref: CSF00492

£31,152 - £40,506

per annum

### Social Worker – Children with Disabilities

Education, Social Care and Wellbeing Directorate

Ref: ESW00099

£31,152 - £40,506

per annum

### Bi-lingual Co-worker

Education, Social Care and Wellbeing Directorate

Ref: ESW00095 | Fixed term contract until 31/03/2015

£27,945 - £29,571

per annum

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

[www.towerhamlets.gov.uk/careers](http://www.towerhamlets.gov.uk/careers)

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.

**Closing date for all posts: 30.06.2013**



Swanlea School  
Business and Enterprise College

31 Brady Street, London E1 5DJ  
website: [swanlea.towerhamlets.sch.uk](http://swanlea.towerhamlets.sch.uk)

### Teaching Assistants supporting learning in the roles of:-

**Inclusion** - working with a range of students delivering strategies to enable students to access the curriculum

**Literacy & Numeracy** - encouraging the participation of all students in developing their literacy and numeracy

**31 hours per week Term Time only**

**Commencing September 2013 - fixed term contract of one year**

**Salary Scale 2 starting at £13,675 p.a.**

You will be providing support for learning in order to raise achievement for all pupils, encouraging them to become independent learners. You will be required to work one to one with individual students and with small groups both within the classroom and in groups outside the classroom. This is an excellent opportunity for those considering teaching as a career to gain valuable insights and experience into the way pupils learn.

We are looking for

- highly motivated individuals
- who are graduates but we are willing to consider those educated to at least A Level standard
- and, it would be an advantage if you already have some experience of working with young people.

**To apply please access:**

<https://www.theshirewire.com/SwanleaSchool/E15DJ>

We are committed to safeguarding and promoting the welfare of children and young people.

**Closing date: 3rd July at 9am with interviews week commencing 8th July**

## SENIOR MIDDAY MEALS SUPERVISOR

### Person Specification

N.J.C APT&C SCALE 5 pt 22-25 (pro rata salary £5,632)

10 hours per week 11.30 a.m. to 1.30 p.m. term time only (195 days)

We are seeking a committed individual with the desire to work within a vibrant and friendly school community in the heart of Stepney. The successful candidate will lead a small team of Midday Meals Supervisors to provide an outstanding midday break experience for the pupils in our school.

The purpose of the role is to ensure the safe and appropriate supervision of individuals and groups of pupils during the lunch break by:

- Understanding the importance of the school meal and the midday break being a social and educational occasion
- Encouraging responsible and appropriate behaviour, activities and play
- Ensuring the safety of pupils in and about the premises and site of the school, during the midday break

### You will have:

- Excellent spoken and written English (a test forms part of the interview process)
- Knowledge of children's behaviour patterns and strategies to manage individuals and groups
- The ability to remain calm under pressure

The appointment is subject to two satisfactory references and an enhanced DBS check.

The information pack and application form can be downloaded from Halley's website [www.halley.towerhamlets.sch.uk](http://www.halley.towerhamlets.sch.uk). Should you require a hard copy or have further questions please contact Karen Little at [admin@halley.towerhamlets.sch.uk](mailto:admin@halley.towerhamlets.sch.uk)

**Closing date for application: Noon Friday 12th July**  
**Interview Date: Thursday 18th July**

Please note that only shortlisted candidates will be notified.

We are committed to the protection and safety of children and young people. We shall ensure fairness and equal opportunities throughout our workforce and in service delivery.



## LONDON BOROUGH OF TOWER HAMLETS

### TOWN AND COUNTRY PLANNING ACT 1990

#### NOTICE OF PROPOSAL TO STOP UP HIGHWAY IN THE LONDON BOROUGH OF TOWER HAMLETS

1. LONDON BOROUGH OF TOWER HAMLETS hereby gives notice that it proposes to make an order under section 247 of the Town and Country Planning Act 1990 ("the act") authorising the stopping up of an area of highway described in the Schedule hereto and which is shown hatched black on the plan deposited with the draft order.
2. If the order is made, the stopping up will enable the development to be carried out in accordance with the planning permission granted under Part iii of the Act to London Borough of Tower Hamlets and The Home and Communities Agency of Mulberry Place by the London Borough of Tower Hamlets on 30 March 2012 under reference PA/12/0001.
3. A COPY OF THE DRAFT ORDER AND PLAN (reference: The Stopping Up of Highways (London Borough of Tower Hamlets Bullivant Street, London) Order 201(3) and map referred to therein) may be inspected free of charge at the Offices of the London Borough of Tower Hamlets, Transportation and Highways, Mulberry Place, 2 Clove Crescent, London E14 2BG (quote reference: Bullivant Street, S.247 – Sophia Grant) during the 28 days commencing on 24 June 2013 between 09:00 and 17:00 Monday to Friday (excluding bank holidays and public holidays).
4. ANY PERSON MAY OBJECT to the making of the order within the period of 28 days commencing on the 24 June 2013, until 22 July 2013 by written notice to the Council addressed to Sophia Grant, Transportation and Highways, Town Hall, Mulberry Place, 5 Clove Crescent, London E14 2BG and quoting the above reference.

**DATED: 14 JUNE 2013**

**PETE SMITH**  
**DEVELOPMENT CONTROL MANAGER**

### SCHEDULE

#### DESCRIPTION OF THE HIGHWAY TO BE STOPPED UP

The whole width of 12.69m of the Southern half of Bullivant Street extending southwards for a length of 45.32 metres from just south of its junction with Ashton Street to its junction with Woolmore Street as shown on the deposited plan.

## LONDON BOROUGH OF TOWER HAMLETS

### TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

**191-195 Whitechapel Road and 1 Vallance Road, London, E1** PA/12/2582 & 2671/ELM

Outline planning application for the construction of mixed use scheme comprising 791sqm of A1 retail (foodstore) at ground floor with 45 residential apartments on upper floors. All matters reserved except for access, layout and scale to be determined

**100 Whitechapel Road, E1** PA/13/1168/NAS  
Extension to alcohol-free hotel (C1), with extension and change of use to alternative commercial uses (A1, A2, A3 or A5) at adjoining existing Citroen garage, on land at and adjoining 100 Whitechapel Road, on behalf of Alyjiso Ltd.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk). If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 14 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 24th June 2013

**OWEN WHALLEY**

**HEAD OF PLANNING & BUILDING CONTROL**



## Public notices

### LONDON BOROUGH OF TOWER HAMLETS

#### LICENSING ACT 2003

#### NOTICE OF APPLICATION FOR A PREMISES LICENCE

**NOTICE IS GIVEN THAT** The Yard Theatre, Unit 2a Queens Yard, E9 5EN has applied to the London borough of Tower Hamlets to vary their premises licence, to be standardly open to the public as follows:

Tuesday & Wednesdays 18.00 - 12.00  
Thursdays 18:00 - 02.00  
Fridays 18:00 - 03.00  
Saturdays 12:00 - 03.00  
Sundays 12.00 - 12.00 (non standard opening)

The Yard has also applied for 40 non-standard annual instances where the premises may open to 06.00. Licensable activities include the sale of alcohol and provision of regulated entertainment including music, theatre & film.

Anyone wishing to make representation regarding the application must give notice in writing to Licensing Services, Mulberry Place, PO Box 55739, 5 Clove Crescent, London E14 1BY.

Representation must be received no later than 10/07/13.

The application can be viewed at the above address between 10am and 4pm, Monday - Friday.

It is an offence to knowingly or recklessly make a false statement in connection with an application and the maximum fine for which a person is liable on summary conviction is £5000.

#### PUBLIC NOTICE

#### THE LONDON BOROUGH OF TOWER HAMLETS

#### ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

#### TEMPORARY PROHIBITION OF TRAFFIC - TILLER ROAD E14

**NOTICE IS HEREBY GIVEN**, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which

will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Tiller Road for a distance of approximately 80 metres between its junction with Starboard Way and its junction with Omega Close.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Metro Traffic Services.

The alternative route will be via Alpha Grove, Mellish Street and Tiller Road and vice versa.

The restriction on vehicular traffic will operate from Thursday 18th

July 2013 until the end of July 2013 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002. The works are programmed for completion on Friday 26th July 2013.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Transport and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 24th June 2013

**JAMIE BLAKE**  
**SERVICE HEAD**  
**PUBLIC REALM**  
**ANCHORAGE HOUSE**  
**2 CLOVE CRESCENT**

#### PUBLIC NOTICE

#### THE LONDON BOROUGH OF TOWER HAMLETS

#### ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

#### TEMPORARY PROHIBITION OF TRAFFIC - STEELS LANE E1

**NOTICE IS HEREBY GIVEN**, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which

will prohibit vehicular traffic from stopping or proceeding in the length of carriageway in Steels Lane for a distance of approximately 20 metres between its junction with Hardinge Street and its junction with Devonport Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by Laing O'Rourke.

The alternative route will be via Devonport Street, Commercial Road and Hardinge Street and vice versa.

The restriction on vehicular traffic will operate from Monday 15th July 2013 until the end of July 2013 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002. The works are programmed for completion on Friday 19th July 2013.

Please refer any queries regarding the above traffic restriction to Mick Jameson, Street Works Liaison Officer, Transport and Highways on 020 7364 6717 or email, mick.jameson@towerhamlets.gov.uk

Dated: 24th June 2013

**JAMIE BLAKE**  
**SERVICE HEAD**  
**PUBLIC REALM**  
**ANCHORAGE HOUSE**  
**2 CLOVE CRESCENT**  
**LONDON E14 2BE**

## LONDON BOROUGH OF TOWER HAMLETS

### PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

**132 Commercial Street, E1** PA/13/1305/SHT

Alterations to ground floor shopfront of northern wing

**Flat B, 36 Cannon Street, E1** PA/13/1307/LAB

Application for internal staircase, new access hatch and handrails around existing roof terrace.

**159 Mile End Road, London, E1 4AQ** PA/13/01326/PLA

Prior approval of siting and appearance of new telecommunications equipment within an existing location.

6 No. Existing GSM/UMTS antenna and GSM LNA's to be retained. Existing UMTS LNA's to be replaced with wideband TMA's. Existing GSM and UMTS feeders to be diplexed at UCU's and new feeder trails installed between UCU's and new SAMO cabinet. Naew 40a breaker to be installed in existing distributuin board for SAMO power supply. Proposed Samsung BTS outdoor (SAMO) cabinet erected on existing concrete base at rear of site.

Dimensions: 750 X 800 X 1980 hIGH. Material: Steel. Colour: Grey.

**5 & 7 Douro Street, London, E3 2TS** PA/13/01323/IOL

Refurbishment of two existing terraced houses and the addition of matching three storey extensions to the rear and roof.

**98 Mile End Road, London, E1 4UN** PA/13/41/SHA

Change of use of the ground floor from Indian Sweet Shop (Use Class:sui generis) to Fast Food (PFC) restaurant (Use Class A3) and installation of an extract flue to the rear.

**115 Wellington Row, London, E2 7BN** PA/13/1273/KHA

Renovation of existing house. Tanking out of the basement, re-building the greenhouse, renovation of the roof. Restoration of the existing windows.

**Flat, 67 Brushfield Street, London, E1 6AA** PA/13/1303/MCH

Installation of two conservation rooflights to rear roof slope

**191-195 Whitechapel Road and 1 Vallance Road, London, E1** PA/12/2582 & 2671/ELM

Outline planning application for the construction of mixed use scheme comprising 791sqm of A1 retail (foodstore) at ground floor with 45 residential apartments on upper floors. All matters reserved except for access, layout and scale to be determined

**Tabard Court, 1 Lodore Street, London, E14 6LW** PA/13/1313/AE

Minor internal alterations to layout and change of use of 2 x 1 bed self contained flats at ground floor level to form new staff accommodation and ancillary offices/communal accommodation in connection with the existing supported housing use on site.

Reconfiguration of parking space to form new communal amenity space upgrading the ramped area at the front of the building and formation of boundary wall within the rear courtyard area.

**Nico's Cafe Diner 299 Cambridge Heath Road, London, E2 0EL** PA/13/1169 & 1170/GMA

Retrospective permission for signage. Retrospective Permission for Roller Shutter.

**Second Floor, 28 Turner Street, London, E1** PA/13/1329/SHT

Alterations to existing second floor flat with roof extension to provide additional bedroom and to improve living space.

**461 Roman Road, E3** PA/13/1240/LAB

Proposed to replace the old/broken aluminium shop front with a new wooden shop front and replace the old/broken external roller shutters with new electric internal roller shutter grills.

**633 Commercial Road, E14** PA/13/1235/SHA

Refurbishment of ground floor and basement to provide an A2 use (Financial and professional services) on at the front of the premises and a C3 use (Residential)

studio flat at the rear with separate access of Barnes Street.

**10-12 Edwin Street, E1**

PA/13/1339/PLA

Replacement of windows and doors at 10 to 12 Edwin Street with similar in appearance double glazed aluminium sash windows and aluminium rear doors.

**15-19 Edwin Street, E1**

PA/13/1342/PLA

Replacement of windows and doors at 15 to 19 Edwin Street with like for like timber double glazed windows and rear half double glazed doors.

**2-12 Nicholas Road, E1**

PA/13/1341/PLA

Replacement of windows and doors at 2 to 12 Nicholas Road with like for like timber double glazed windows and rear half double glazed doors.

**1-8 Edwin Street, E1**

PA/13/1340/PLA

Replacement of windows and doors at 1 to 8 Edwin Street with like for like timber double glazed windows and rear half double glazed doors.

**Site at land to the rear of 32-40 Cheshire St,**

PA/13/1227/AWA

**Grimsby St, E2**

Erection of 3 storey building with mansard roof to provide 7 new residential units comprising 2 x studio flats, 2 x 1 bedroom flats , 2 x 2 bedroom flats and 1 x 3 bedroom flat.

**Pennington Street Warehouse, London, E1W 2BB**

PA/13/1277/ADW

Works to the Grade II Listed Pennington Street Warehouse both internally and externally comprising:

- The creation of three new openings to the Pennington Street elevation, within the existing un-bonded brick arches, to provide new circulation cores to the building and pedestrian access routes leading through to the wider development;
- The creation of nine new openings to the Pennington Street elevation, within the existing un-bonded brick arches, to provide new air intake to the vaults and glazing to the upper level;
- Repairs and modifications to the existing roof structure including new glazed elements;
- Removal of later internal additions to the building;
- Formation of eight new voids between the vaults and the main floor level for light and air;
- Forming four new openings in the vaults for access, light and air;
- Repair and restoration works;
- Alterations to the modern gable end to the West of the building; and
- Fitting out of the building to allow for flexible retail (Use Class A1, A2, A3, A4 and A5), commercial (Use Class B) and community and leisure uses (Use Class D1 and D2) within.

**100 Whitechapel Road, E1**

PA/13/1168/NAS

Extension to alcohol-free hotel (C1), with extension and change of use to alternative commercial uses (A1, A2, A3 or A5) at adjoining existing Citroen garage, on land at and adjoining 100 Whitechapel Road, on behalf of Alyjiso Ltd.

**The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.**

**398 Bancroft Road, E1**

PA/13/1255/SHA

First floor extension over existing ground floor.

**28 Matlock Street, London, E14 7NN**

PA/13/1198/BEE

Single storey rear extension

**Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk). If you respond by email, please tell us your postal address.**

**Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.**

**Dated: 24th June 2013**

**OWEN WHALLEY**

**HEAD OF PLANNING AND BUILDING CONTROL**



## LONDON BOROUGH OF TOWER HAMLETS

### TOWN & COUNTRY PLANNING (ENVIRONMENTAL IMPACT ASSESSMENT) REGULATIONS 2011

#### NOTICE UNDER ARTICLE 8 OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

##### PROPOSED DEVELOPMENT AT:

Former Indescon Court, 20 Millharbour, London, E14

PA/13/1309/IJ

Notice is given that Signet Planning on behalf of Shiva Hotels are applying to the London Borough of Tower Hamlets for:

Section 73 Application for variation of conditions 28 (approved plans) of planning permission dated 13 June 2008, reference number PA/07/03282 which gave consent for the "Demolition of the existing buildings on site and construction of a mixed use development comprising of two buildings. The main building ranges from 12 to 32 storeys with a maximum height of 95 metres (99.5 AOD) and a 10 storey 'Rotunda' building being a maximum height of 31.85 metres (36.15 AOD). Use of the new buildings for 546 residential units (Use Class C3) (87 x Studios, 173 x 1 bedrooms, 125 x 2 bedrooms, 147 x 3 bedrooms, 14 x 4 bedrooms), 5,390sqm for hotel (Use Class C1) and /or Serviced Apartments (Sui Generis), 1,557sqm of Leisure floorspace (Use Class D2) and 1,654sqm commercial floorspace (Use Classes A1/A2/A3 and/or A4). Plus a new vehicle access, 150 car parking spaces in one basement level, public and private open space and associated landscaping and public realm works at ground floor level."

##### Amendments proposed include:

- Minor elevational changes
- Incorporation of retail unit (use class A1-A4) into ground floor of hotel
- Re-configuration of cores and internal layout at basement level
- Provision of 9 additional hotel rooms (including 2 wheelchair accessible rooms)

NB: Please refer to the application documents for a full description of the proposed changes.

This MAJOR application includes the submission of an Environmental Statement under the provisions of the Town and Country Planning (Environmental Impact Assessment) Regulations 2011

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk). If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from Signet Planning, 56 Queen Anne Street, London, W1G 8LA so long as stocks last. (Price on application)

Any person who wishes to make representations relating to any of these applications should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated 24th June 2013

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



## LONDON BOROUGH OF TOWER HAMLETS

### TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010

#### TOWN & COUNTRY PLANNING (ENVIRONMENTAL IMPACT ASSESSMENT) REGULATIONS 2011

#### NOTICE UNDER ARTICLE 8 OF APPLICATION FOR PLANNING PERMISSION ACCOMPANIED BY AN ENVIRONMENTAL STATEMENT

##### PROPOSED DEVELOPMENT AT:

Former News International Site, 1 Virginia Street, London, E98 1XY

PA/13/1276/ADW

Notice is given that Ed Noble on behalf of St George Central London Ltd. are applying to the London Borough of Tower Hamlets for:

A hybrid application (part outline/part detailed) comprising:

- (1) Outline submission for demolition of all buildings and structures on the site with the exception of the Pennington Street Warehouse and Times House and comprehensive mixed use development comprising a maximum of 218,908 sq m (GEA) (excluding basement) of floorspace for the following uses:
  - residential (C3);
  - business uses including office and flexible workspace (B1);
  - retail, financial and professional services, food and drink uses (A1, A2, A3, A4 & A5);
  - community and cultural uses (D1);
  - a secondary school (D1);
  - assembly and leisure uses (D2);
  - energy centre, storage, car and cycle parking.
  - formation of new pedestrian and vehicular access and means of access and circulation within the site together with new private and public open space.

- (2) Detailed submission for 87,096 sq m GEA of floorspace (excluding basement) in five buildings - the Pennington Street Warehouse, Times House and Building Plots A, B and C comprising residential (C3), office and flexible workspaces (B1), community and leisure uses (D1/D2), retail and food and drink uses (A1, A2, A3, A4, A5) together with car and cycle parking, associated landscaping and new public realm".

Further explanation (not forming part of the formal description of the development set out above):

Further details submitted with the application explain that the Proposed Development could deliver up to 1,800 new homes of which 543 new homes are included in the Detailed Component, in new buildings A (8 to 20 storeys), B (8 storeys) and C (4 to 33 storeys)

This application is accompanied by an Environmental Statement.

This MAJOR application includes the submission of an Environmental Statement under the provisions of the Town and Country Planning (Environmental Impact Assessment) Regulations 2011

Copies of the application, plans, environmental statement and all other documents may be inspected between the hours of 9am to 5pm, Monday to Friday at the Planning Office, Mulberry Place, 5 Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at [www.towerhamlets.gov.uk](http://www.towerhamlets.gov.uk). If you respond by email, please tell us your postal address.

Copies of the environmental statement may be purchased from Mr Ed Noble, Henrietta House, Henrietta Place, London, W1G 0NB so long as stocks last. (Price on application)

Any person who wishes to make representations relating to any of these applications should do so in writing, within a period of 14 days from the date of publication of this notice to the Head of Planning at the Planning Office address above.

Dated: 24th June 2013

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



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You should always take note of a public notice. It is a legal notice to inform the public of a change that could affect them short term or on a permanent basis. It could be anything from a change to a building to the erection of a building. It could be a notice of insolvency of a company you have dealings with or the closure of a footpath you regularly use.

## TAKE NOTICE OF PUBLIC NOTICES !



## No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. Our leisure centres offer everything from swimming to yoga and aerobics to taekwondo.

## Sport



Some of the young competitors with their families and coaches

# Youngsters compete in annual SEN sports day

BY SHALINA HUSSAIN

**SPORTS fans had the chance to show off their sporting prowess at the annual SEN (special educational needs) sports day at Mile End Stadium.**

More than 100 young people aged 13-25 with special educational needs and learning difficulties and disabilities took part in an eight-week training programme in the run up to the games, which included a

variety of track and field events.

Richard Fullerton, 24, who attends the Coburn Project in Bow, said: "I took part in the football and 60-metre sprint. I got a medal for taking part and I am so proud of it. I really enjoyed this day and hope there is more like this in the future."

Mayor Lutfur Rahman said: "Events like these highlight the importance of investing in youth provision. I am determined to maintain services in the borough that help our young

people reach their full potential."

The games were organised by the council's integrated youth & community services and Valance Community Sports Association with other voluntary sector organisations as part of the Mayor's Activities for Young People programme.

The programme runs in the school holidays and sessions are free to residents, offering activities from arts and crafts to interview and job search skills.

Full activity listings on the

council's online Family Services Directory can be found at [www.towerhamlets.gov.uk/fis](http://www.towerhamlets.gov.uk/fis)

### Team winners:

**Football:** Apasenth; runners up, Antill Road Group/Create.

**Cricket:** Tower Project; runners up, Apasenth.

**Bocchia:** Blue Skies Group; runners up, Antill Road Group.

**100 metres relay:** Apasenth; runners up, BPCA.

### Individual winners:

60-metres sprint, Emem Eniu-nam; runners up, Faruk Ahmed.

## Virginia girls retain title

### Cricket

**AFTER the success of the mixed competition, Tower Hamlets Youth Sports Foundation held a girls only KWIK cricket tournament at Victoria Park.**

Year 5 and 6 girls from Bygrove, Culloden, Cyril Jackson, Guardian Angels, John Scurr, Lawdale, Marner, Marion Richardson, Mowlem, St Elizabeth, St Paul's, St Peter's Dock and Virginia primary schools took part in the tournament, on Monday, June 17.

After the group stages and the quarter-final, St Elizabeth, Virginia, John Scurr and Guardian Angels made up the final four.

In the first semi-final, Virginia set a huge target of 309 with St Elizabeth only managing 243 in response.

The other match saw John Scurr run up an even bigger score, 311, and though Guardian Angels put on a valiant response, they fell short at 273.

Title holders and defending county champions Virginia went into the final as favourites.

Batting first, they were again in fine form, setting a superb score of 305.

John Scurr had shown throughout the competition that they were capable of big totals themselves, but fell well short, notching 257, to give Virginia the title and send them into the county finals.



### Football

A FOOTBALL tournament has helped raise more than £650 for East Living Football Club, a team for players with mental health needs. Twelve teams took part in the tournament, organised by charity East Thames and the City of London, at Wanstead Flats on June 14, including two from East Living FC, and several from the Charlton South London 7-a-side league, for special needs players. Thanking those who helped stage the event, coach Marc Paevie said: "The funds will help pay for essentials such as kit and transport, without which the club couldn't function."

## Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

### Cricket league and cup round-up

#### ■ Chinatown v Tower Cavaliers

Chinatown put in the performance of the season so far, dismissing their opponents for just eight runs.

Chinatown chose to bat and posted a competitive 153-5, thanks largely to an unbeaten half century from Yufi.

But when Cavaliers went into bat they were ripped apart by the bowling of Remi, who took 4-4 and collapsed to a 145-run defeat.

#### ■ Dynamite Ducks v Bengal Tigers

A superb unbeaten 52 by Hussain, was the highlight as Dynamite Ducks reached 177-2.

Despite a brilliant 57 from Gaurav, Tigers, who only had six players, stumbled to 86-4 after 15 overs – a 91 run defeat.

Ducks have now qualified for Victoria Park Premier Division.

#### ■ London Fields v Tower Hamlets

Robin Friend smashed an unbeaten 54 to lead London Fields to a five-wicket victory.

Tower Hamlets scored 112-5 after 16 overs, but London Fields completed their run-chase for the loss of just two wickets.

#### ■ Homerton Academicals v Best Nationals

John Saunders-Griffiths hit an unbeaten half-century as Homerton reached 139-7.

Top scorer for Best Nationals was Dan with 23, as his side collapsed to a meagre 58. Homerton progress to Division 3.

#### ■ Contenders v Chinatown

Chinatown won the toss and elected to bat, and 34 runs from Joe and 33 from Khalil took them to 84-7.

Contenders batted steadily with Derrick and Joe scoring 16 each as the side reached 85-6 to win by just one wicket. Chris took 3-16.

#### ■ Rose & Crown v Pacific

Rose and Crown reached 51 without loss in this cup match at Victoria Park and then dismissed Pacific for 50 in just five overs.

#### ■ Challengers v Regents

Regents' top scorers in this cup match were Campbell, 41, and Ormsby, 43 not out, in a

creditable 117-1 from 14 overs.

Challengers, with just five players, chased it down for the loss of two wickets, with Rameez Baig hitting 49.

#### ■ Island Community v Barbarians

Tan's brilliant unbeaten 55 pushed Island to 157-6. In reply Barbarians batsmen Nick was not out on a magnificent 66, but it was not enough to save his side from a 46-run defeat in this preliminary cup match.

#### ■ Junoon v United

Walid Khan, 55, and Sarfraz Ahmed, 52, were both unbeaten as Junoon reached a colossal 145-2. United were always struggling and limped to 74-7.

#### ■ Tawheed v Nightwatchman

Tawheed lost the toss and were put into field, in this east London derby.

Nightwatchman hit 116-7 with Altaf and Vahid top scoring with 23 each.

In reply Tawheed's Yasser Ali top scored with 55 not out and unbeaten knocks by Mohammed Ali, 31, and Mohammed Fazal, 21, steered them to 120-1.

#### ■ Mad Morrocas v GAD

Mad Morrocas were put into bat reaching 121-4. GAD reached their target for the loss of one wicket with Jon Harrison, and Jack Errington hitting fifties.

#### ■ Homerton v Masiha

After winning the toss, Homerton reached 142-3. In reply good knocks by Majod, 28, and Adnan, 34 not out, took Masiha to a last-over victory with 144-5.

#### ■ Contenders v Stoke Newington

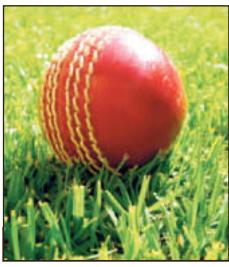
Marcus and Joe took two wickets apiece as Contenders dismissed Stoke Newington for 127-7. Then Derrick Campbell, 38, and Marcus, 37 not out, saw Contenders home on 129-3.

#### ■ Tower Hamlets v Nightwatchman

Tower Hamlets managed to gain a six wicket victory thanks to massive hits by Sheekeel, 50 retired, and Mahbabul, 39, in reply to Nightwatchman's 131-5.

#### ■ New Boys v London Tigers

New Boys' respectable total of 122-6, with Polash top scoring on 39, proved just enough as Tigers fell four runs short of their target.



## More inside

For a round-up of all the latest borough cricket action turn to...



## A night of boxing history

In June 1985, a TV audience of 20 million watched Barry McGuigan win the world featherweight title from Eusebio Pedroza, who had successfully defended his belt 19 times.

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# eastendsport

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

## Getting fit McGuigan style

Former world champion boxer helps families get in better shape

BY SHALINA HUSSAIN

**BOXING** great Barry McGuigan was in Tower Hamlets as part of celebrations to mark the opening of the Olympic Park.

The former World Featherweight Champion was at York Hall on Father's Day, with his son, Shaun, as part of the Barry McGuigan Boxing Academy's Boxing for Health initiative.

Supported by the London Legacy Development Corporation, the council and BETTER, it aims to inspire people to improve their health and fitness by



Barry McGuigan shows Miya, nine, how to throw a punch

“

I know the importance of family in leading a healthy lifestyle.”

Barry McGuigan



Barry and Shaun with some of the guests

offering practical advice and exercise tips.

The sessions, on June 16, were attended by nearly 100 people.

McGuigan, 52, said: “It was a fantastic opportunity to deliver the fifth Boxing for Health event in such a prolific boxing venue as York Hall.

“The residents turned out well to show their support in keeping the flame alive, post the London 2012 Games, and work

on their own health and fitness.

“It was an added bonus to be able to work with local families on Fathers' Day. Being a father of four myself,

“I know the importance of family in leading a healthy lifestyle, as many habits, good and bad, begin in the home.”

Each session included a pop-up ring for non-contact boxing training, boxing specific footwork to improve agility

and circuit training workouts.

There was also advice on staying motivated, living a healthier lifestyle and eating right.

Residents also had the chance to take part in an aquatics festival and try out water polo, diving and family games.

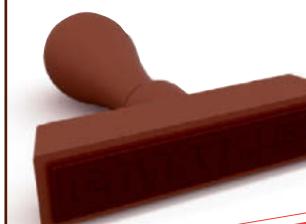
Cllr Rania Khan, cabinet member for culture said: “York Hall is a fantastic venue, offering some exciting activities for all

levels and abilities. With its rich boxing heritage, it's the perfect place to play host to a former boxing champ.”

For more information on what is happening at the leisure centre, call 8980 2243 or email [yorkhall@gll.org](mailto:yorkhall@gll.org)

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